Nature Made.

B12

1000 mcg



function[†]

90 SOFTGELS

Helps convert food into cellular energy

Dietary Supplement

SUGGESTED USE:

Adults, take 1 softgel daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

✓ No Synthetic Dyes - Colors

Derived From Natural Sources No Artificial Flavors ✓ Gluten Free

Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel

% Daily Value Vitamin B₁₂ (as Cyanocobalamin) 1000 mcg 41,667%

CAUTION:

If you are taking medication, consult your physician before use.

OTHER INGREDIENTS:

Soybean Oil, Gelatin, Glycerin, Yellow Beeswax, Water, Rapeseed Lecithin, Colors Added (Including Carmine).

DISTRIBUTED BY:

Nature Made Nutritional Products

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USP has tested and verified ingredients, potency and manufacturing process. USP sets official standards for dietary supplements. Www.uspverified.org *Based on Pharmacy Times Survey of pharmacists recommending Letter Vitamin Supplements.