

Directions: Adults: One tablet daily, with food.

Supplement Facts

Serving Size: One tablet

	Amount Per Serving	% Daily Value
Vitamin A (11% as beta-carotene)	940 mcg	104%
Vitamin C	120 mg	133%
Vitamin D	17.5 mcg (700 IU)	88%
Vitamin E	11.4 mg	76%
Vitamin K	20 mcg	17%
Thiamin (B ₁)	4.5 mg	375%
Riboflavin (B ₂)	3.4 mg	262%
Niacin	20 mg	125%
Vitamin B ₆	6 mg	353%
Folate	665 mcg DFE (400 mcg folic acid)	166%
Vitamin B ₁₂	25 mcg	1042%
Biotin	30 mcg	100%
Pantothenic Acid	15 mg	300%
Calcium	120 mg	9%
Iodine	150 mcg	100%
Magnesium	110 mg	26%
Zinc	24 mg	218%
Selenium	117 mcg	213%
Copper	2.2 mg	244%
Manganese	4.2 mg	183%
Chromium	180 mcg	514%
Molybdenum	90 mcg	200%
Lycopene	370 mcg	*

*Daily Value not established.

Ingredients: Calcium Carbonate, Magnesium Oxide, Microcrystalline Cellulose, Ascorbic Acid, Croscarmellose Sodium, Zinc Oxide, dl-Alpha-Tocopheryl Acetate, Maltodextrin; Less than 2% of: Beta-Carotene, Biotin, Cholecalciferol, Chromium Chloride, Copper Sulfate, Cyanocobalamin, D-Calcium Pantothenate, FD&C Blue #1 Aluminum Lake, FD&C Blue #2 Aluminum Lake, Folic Acid, Gelatin, Hydroxypropyl Methylcellulose, Lycopene, Manganese Sulfate, Niacinamide, Phylloquinone, Polyethylene Glycol, Potassium Iodide, Pyridoxine Hydrochloride, Riboflavin, Silicon Dioxide, Sodium Molybdate, Sodium Selenite, Stearic Acid, Thiamine Mononitrate, Titanium Dioxide (color), Vitamin A Acetate.

If pregnant, breast-feeding, taking medication, or have any medical condition ask a health professional before use.

For Adult Use Only

Not for children

KEEP OUT OF REACH OF CHILDREN

Do not exceed recommended intake

†Not a replacement for heart medications

††To help support blood pressure levels already within the normal range

‡With B Vitamins to help convert food to fuel

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Do not use if printed safety seal bearing "Bayer HealthCare" under cap is torn or missing.

Store at room temperature.
Avoid excessive heat above 40°C (104°F).

Questions or comments?

Please text or call 1-800-800-4793
(Mon-Fri 9AM - 5PM EST)

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Bayer

NO Artificial Sweeteners or Flavors

ONE A DAY®

MULTIVITAMIN/MULTIMINERAL
SUPPLEMENT

MEN'S 50+

Complete Multivitamin



65
TABLETS

ADDRESSES 6 KEY CONCERNS OF AGING

Formulated to Support:*



HEART
HEALTH†



EYE
HEALTH



HEALTHY
BLOOD
PRESSURE††



HEALTHY
BRAIN
FUNCTION



HEALTHY
ENERGY
METABOLISM‡



IMMUNE
HEALTH

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