

Multi For Her 50+ Liquid SoftGel



Supplement Facts	
Serving Size 1 softgel	
Amount Per Softgel	%Daily Value
Calories 10	
Calories from Fat 10	
Total Fat 1 g	2% *
Protein Less than 1g	
Vitamin A 2500 I.U.	50%
100% as Beta Carotene	
Vitamin C 60 mg	100%
Vitamin D3 1000 I.U.	250%
Vitamin E 60 I.U.	200%
Vitamin K 80 mcg	100%
Thiamin 1.5 mg	100%
Riboflavin 1.7 mg	100%
Niacin 20 mg	100%
Vitamin B6 6 mg	300%
Folic Acid 400 mcg	100%
Vitamin B12 25 mcg	417%
Biotin 30 mcg	10%
Pantothenic Acid 10 mg	100%
Calcium 200 mg	20%
Iodine 150 mcg	100%
Magnesium 100 mg	25%
Zinc 15 mg	100%
Selenium 70 mcg	100%
Copper 2 mg	100%
Manganese 4 mg	200%
Chromium 120 mcg	100%
Molybdenum 75 mcg	100%
* Percent Daily Values are based on a 2,000 calorie diet.	

Ingredients: Soybean Oil, Calcium Carbonate, Gelatin, Magnesium Oxide, Glycerin, Ascorbic Acid, dl-Alpha Tocopheryl Acetate, Water, Selenium Yeast, Soy Lecithin, Dibasic Calcium Phosphate, Rice Flour, Soy Flour, Niacinamide, Zinc Oxide, Manganese Sulfate, d-Calcium Pantothenate, Yellow Beeswax, Pyridoxine Hydrochloride, Titanium Dioxide (artificial color), Thiamin Mononitrate, Copper Oxide, Riboflavin, Beta Carotene, Yellow 6, Red 40, Chromium Chloride, Folic Acid, Sodium Molybdate, Potassium Iodide, Blue 1, Phylloquinone, Biotin, Cyanocobalamin, Vitamin D3 (Cholecalciferol).

As ingredients may change from time to time, please check the label on the bottle.

No Artificial Flavors. No Preservatives. No Starch. No Gluten.