

Item No. 3894
TO REORDER
1-800-645-1030
www.puritan.com

ITEM NO. 3894



Puritan's Pride

High Potency
Time Release

**ULTRA
VITA MAN**

FOR MEN

CERTIFIED
100%
NATURAL **E**
d-ALPHA

**SPECIALLY DESIGNED FOR A MAN'S
NUTRITIONAL NEEDS**

**Dietary Supplement
90 COATED CAPLETS**



Supplement Facts

Serving Size 2 Caplets
Servings Per Container 45

Amount Per Serving	%Daily Value
Vitamin A (as Beta-Carotene)	5,000 IU 100%
Vitamin C (as Ascorbic Acid)	300 mg 500%
Vitamin D (as D3 Cholecalciferol)	400 IU 100%
Vitamin E (as d-Alpha Tocopheryl Acetate)	100 IU 333%
Vitamin K (as Phytonadione)	80 mcg 100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	50 mg 3,333%
Riboflavin (Vitamin B-2)	50 mg 2,941%
Niacin (as Niacinamide)	50 mg 250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2,500%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 833%
Biotin	500 mcg 167%
Pantothenic Acid (as d-Calcium Pantothenate)	50 mg 500%
Calcium (as Calcium Carbonate, Dicalcium Phosphate and Calcium Citrate)	250 mg 25%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	100 mg 25%
Zinc (as Zinc Oxide)	25 mg 167%
Selenium (as Sodium Selenate)	200 mcg 286%
Copper (as Cupric Oxide)	2 mg 100%
Manganese (as Manganese Gluconate)	2 mg 100%
Chromium (as Chromium Picolinate)	200 mcg 167%
Molybdenum (as Sodium Molybdate)	75 mcg 100%
Chloride (as Potassium Chloride)	26 mg 1%
Potassium (as Potassium Chloride)	30 mg 1%

Amount Per Serving	%Daily Value
Alpha Lipoic Acid	30 mg *
Choline Bitartrate	10 mg *
Inositol	10 mg *
Boron (as Boronorganic Glycine)	2 mg *
Vanadium (as Sodium Metavanadate)	10 mcg *
Proprietary Amino Acid Blend	150 mg
(L-Taurine, L-Glutamine, L-Arginine, L-Valine, L-Cysteine, L-Leucine, N-Acetyl Carnitine Hydrochloride, L-Isoleucine, L-Carnitine, L-Methionine)	
MSM Complex	100 mg
(Methylsulfonylmethane (MSM), Silica (as Silicon Dioxide), Collagen (Hydrolyzed Gelatin), Glucosamine Hydrochloride, Chondroitin Sulfate)	
Men's Bioactive Blend	120 mg
(Pumpkin Seed (Cucurbita pepo), Pygeum (Pygeum africanum) (bark), Oyster Extract, Saw Palmetto Extract (Serenoa repens) (fruit), Lycopene)	
Herbal Blend	120 mg
(Garlic (Allium sativum) (bulb), Citrus Bioflavonoids (Citrus limon) (fruit), Bilberry (Vaccinium myrtillus) (leaf), Elderberry (Sambucus nigra) (fruit), Black Currant (Ribes nigrum) (fruit), Grape Seed Extract (Vitis vinifera), Brussels Sprouts Extract, Kale Extract, Cauliflower Extract, Celery Seed (Apium graveolens), Carrot Extract, Broccoli Extract, Cabbage Extract, Astaxanthin Complex, Lutein, Zeaxanthin, Super Oxide Dismutase, Coenzyme Q-10)	
Vitality Blend	100 mg
(Ginkgo Biloba (Ginkgo biloba) (leaf), Green Tea Extract (Camellia sinensis) (leaf), Cayenne Pepper (Capsicum annuum) (fruit), Spirulina (Spirulina platensis) (plant), Korean Ginseng (Panax ginseng) (root))	
Pycnogenol® (Pinus pinaster) (French Maritime Pine Bark Extract)	1 mg *

*Daily Value not established.

Other Ingredients: Vegetable Cellulose, Vegetable Stearic Acid, Contrains <2% of: Povidone, Vanillin, Vegetable Magnesium Stearate.

Contains milk, soy and shellfish (shrimp, crab, lobster, crayfish) ingredients.

DIRECTIONS: For adult men, take two (2) caplets daily, preferably with a meal.

No Artificial Color, No Preservatives, No Sugar, No Gluten, No Wheat, No Yeast.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Pycnogenol® is a registered trademark of Horphag Research Management S.A.; Horphag Research (Luxembourg) Holding S.A. is the owner of US pat. 5,720,956; Horphag Research IP (PVC) LTD is the owner of US pat. 6,372,266.

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