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Item No. 2191



WOMEN'S EXCLUSIVE

FORMULA

DAILY MULTI

VITAMIN SUPPLEMENT

120 COATED CAPLETS

TO REORDER ITEM # 2191

Supplement Facts

Serving Size 2 Caplets
Servings Per Container 60

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A (as Retinyl Acetate and Beta-Carotene)	5,000 IU 100%	Magnesium (as Magnesium Oxide)	250 mg 63%
Vitamin C (as Ascorbic Acid)	60 mg 100%	Zinc (as Zinc Gluconate)	15 mg 100%
Vitamin D (as D3 Cholecalciferol)	400 IU 100%	Selenium (as Selenium Yeast)	25 mcg 36%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	30 IU 100%	Copper (as Copper Gluconate)	0.5 mg 25%
Thiamin (Vitamin B-1) (as Thiamin Hydrochloride)	30 mg 2,600%	Manganese (as Manganese Gluconate)	5 mg 250%
Riboflavin (Vitamin B-2)	30 mg 1,765%	Chromium (as GTF Chromium Yeast)	25 mcg 21%
Niacin (as Niacinamide)	30 mg 150%	Molybdenum (as Molybdenum Yeast)	25 mcg 33%
Vitamin B-6 (as Pyridoxine Hydrochloride)	30 mg 1,500%	Sodium (as Potassium Citrate)	5 mg <1%
Folic Acid	400 mcg 100%	Potassium (as Potassium Citrate)	30 mg 1%
Vitamin B-12 (as Cyanocobalamin)	130 mcg 2,167%	Inositol	30 mg *
Biotin (as d-Biotin)	30 mcg 10%	Choline Bitartrate	30 mg *
Pantothenic Acid (as d-Calcium Pantothenate)	30 mg 300%	PABA (Para-Aminobenzoic Acid)	30 mg *
Calcium (as Calcium Carbonate, Dicalcium Phosphate and d-Calcium Pantothenate)	500 mg 50%	Citrus Bioflavonoids	25 mg *
Iron (as Ferrous Gluconate)	15 mg 83%	Betaine Hydrochloride	25 mg *
Phosphorus (as Dicalcium Phosphate)	30 mg 3%	L-Cysteine (as L-Cysteine Hydrochloride)	50 mg *
Iodine (as Potassium Iodide)	150 mcg 100%	Dong Quai (<i>Angelica sinensis</i>) (root)	50 mg *
		Rose Hips (<i>Rosa canina</i>) (fruit)	2 mg *

*Daily Value not established.

Other Ingredients: Vegetable Cellulose. Contains <2% of: Silica, Titanium Dioxide Color, Vegetable Magnesium Stearate.

DIRECTIONS: For adults, take two (2) caplets daily, preferably with a meal.

Puritan's Pride® Premium supplements are produced from the finest raw materials under our stringent quality control standards. Our state-of-the-art manufacturing and packaging facilities insure you the highest quality nutritional supplements money can buy. When it comes to your health... choose the best.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to yeast. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Store at room temperature. Do not use if seal under cap is broken or missing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

No Artificial Flavor, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Wheat, No Fish.

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www.puritan.com

1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Oakdale, NY 11769 U.S.A.
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