

Item No. 7191
TO REORDER
1-800-645-1030
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ABC Plus[®] SENIOR

MULTI-VITAMIN

MULTI-MINERAL FORMULA

With **Lutigold™** & **Lycopene**

Iron Free Formula

Dietary Supplement

COMPARE AND SAVE

120 COATED CAPLETS

For
Adults
50+

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	%Daily Value
Vitamin A (as Retinyl Acetate and Beta-Carotene)	2,500 IU 50%
Vitamin C (as Ascorbic Acid)	60 mg 100%
Vitamin D (as Cholecalciferol)	500 IU 125%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	50 IU 167%
Vitamin K (as Phytonadione)	30 mcg 38%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.5 mg 100%
Riboflavin (Vitamin B-2)	1.7 mg 100%
Niacin (as Niacinamide)	20 mg 100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	3 mg 150%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	25 mcg 417%
Biotin (as d-Biotin)	30 mcg 10%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg 100%
Calcium (as Calcium Carbonate)	194.5 mg 19%
Phosphorus (as Dicalcium Phosphate)	20 mg 2%

Amount Per Serving	%Daily Value
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	50 mg 13%
Zinc (as Zinc Oxide)	11 mg 73%
Selenium (as Sodium Selenate)	55 mcg 79%
Copper (as Cupric Sulfate)	0.5 mg 25%
Manganese (as Manganese Sulfate)	2.3 mg 115%
Chromium (as Chromium Picolinate)	45 mcg 38%
Molybdenum (as Sodium Molybdate)	45 mcg 60%
Potassium (as Potassium Chloride)	80 mg 2%
Boron (as Boric Acid and Sodium Borate)	150 mcg *
Nickel (as Nickel Sulfate)	5 mcg *
Silicon (as Silicon Dioxide)	2 mg *
Vanadium (as Sodium Metavanadate)	10 mcg *
Lycopene	300 mcg *
Lutigold™ Lutein	250 mcg *

*Daily Value not established.

Other Ingredients: Vegetable Cellulose, Croscovidone, Titanium Dioxide Color, Vegetable Magnesium Stearate, FD&C Blue #2 Lake, FD&C Yellow #6 Lake, FD&C Red #40 Lake.

Contains fish (cod, pollock, haddock, hake, cusk, red-fish, sole, flounder) ingredients.

When choosing Lutein, make sure it's Lutigold™!

DIRECTIONS: For adults, take one (1) caplet daily, preferably with a meal.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

No Artificial Flavor, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Shellfish.

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Carefully Manufactured by
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