

TRUTH

We pledge total truth in labeling. Our family of products contains only the purest and most potent ingredients. **Guaranteed.**

Other ingredients: stearic acid, cellulose, calcium stearate, silicon dioxide, pharmaceutical glaze.

Contains: Soy.

Color of this product may vary due to color variations of the natural ingredients.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under the age of 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately. If pregnant or nursing, consult your healthcare practitioner before taking this product.

Keep out of reach of children. Store in a cool, dry place.

ChromeMate® is a Registered Trademark of InterHealth N.I.

CHROMEMATE®



Distributed by DaVinci® Laboratories of Vermont
a division of FoodScience® LLC
929 Harvest Lane
Williston, VT 05495
www.davincilabs.com
To obtain product information or report a
serious adverse event, call 1-800-325-1776.
Not labeled for sale in California

0200195.120

DaVinci®

*Laboratories
of Vermont*

SPECTRA™ WOMAN

*A Multiple Vitamin/Mineral Supplement for Women
with Grape Seed Extract and GLA from Evening Primrose Oil*

120 TABLETS

Suggested Use: As a dietary supplement, take 2 tablets with breakfast and 2 tablets with lunch, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 60

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (100% Beta Carotene) 2,250 mcg	250%	Chromium (as Cr polynicotinate)† 25 mcg	71%
Vitamin C (as Ascorbic acid and Ca Ascorbate) 500 mg	556%	Molybdenum (as Mo AAC) 25 mcg	56%
Vitamin D3 (as Cholecalciferol) 5 mcg (200 IU)	25%	Potassium (as K Citrate) 25 mg	1%
Vitamin E (as d-alpha Tocopheryl Succinate) 134 mg	893%		
Vitamin K1 (Phytonadione) 2.5 mcg	2%	Boron (as B AAC) 0.5 mg	*
Thiamin 35 mg	2,917%	Nickel (as Ni Sulfate) 0.25 mcg	*
Riboflavin 35 mg	2,692%	Silicon (from Horsetail Rush) 3 mg	*
Niacin (as Niacinamide & Niacin) 35 mg	219%	Vanadium (as Vanadyl Sulfate) 10 mcg	*
Vitamin B6 (as Pyridoxine HCl & Pyridoxal 5-Phosphate) 35 mg	2,059%	Inositol 35 mg	*
Folate 415 mcg DFE (Folic Acid 250 mcg)	104%	PABA (Para-aminobenzoic acid) 35 mg	*
Vitamin B12 (as Methylcobalamin) 35 mcg	1,458%	L-Cysteine 50 mg	*
Biotin 300 mcg	1,000%	L-Glutamine 50 mg	*
Pantothenic Acid (as Ca Pantothenate) 35 mg	700%	DL-Methionine 50 mg	*
Choline (as Choline Citrate & Bitartrate) 35 mg	6%	L-Aspartic Acid 75 mg	*
Calcium (as Ca Carbonate & Ca Citrate) 500 mg	38%	Octacosanol (from sugar cane) 500 mcg	*
Iron (as Fe Aspartate, Fe Glycinate & Fe Fumarate) 9 mg	50%	Soy Lecithin 50 mg	*
Iodine (from Kelp) 35 mcg	23%	Grape Seed Extract 10 mg	*
Magnesium (as Mg Carbonate) 180 mg	43%	Gamma Linolenic Acid (from primrose oil) 5 mg	*
Zinc (as Zn Gluconate) 10 mg	91%	RNA (Ribonucleic Acid) 5 mg	*
Selenium (as Se AAC & Selenomethionine) 25 mcg	45%	Mixed Citrus Bioflavonoids 100 mg	*
Copper (as Cu AAC) 0.025 mg	3%	Hesperidin 12.5 mg	*
Manganese (as Mn Gluconate) 2.5 mg	109%	Rutin 12.5 mg	*
		Pectin 12.5 mg	*
		Betaine Hydrochloride 10 mg	*
		Bromelain 2 mg	*
		Papain 2 mg	*
		Cellulase Enzymes 2 mg	*
		A proprietary blend of vegetarian enzymes: amylase, protease, lipase, hemicellulase, and lactase 8 mg	
		* Daily Value not established.	

†ChromeMate® brand niacin-bound chromium.