

Swanson

U L T R A[®]

The Most Advanced Nutrition Technology

TABLETS

Super-Strength Magnesium Citrate

Mineral Supplement

High Bioavailability

120 TABLETS • 225 mg



• DO NOT USE IF SEAL IS BROKEN • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN

SUGGESTED USE:

As a dietary supplement, take one tablet one to two times per day with water.

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Magnesium (from magnesium citrate)	225 mg	56%

Other ingredients: Microcrystalline cellulose (plant fiber), stearic acid, croscarmellose sodium, magnesium stearate, food glaze.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

PO Box 2803 • Fargo, ND 58108 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148

or visit our website at www.swansonvitamins.com



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