

Wellness Essentials Active

Targeted Joint Support*

If you're a weekend warrior or just an individual seeking to maintain joint flexibility, mobility, and comfort, your body may benefit from extra nutritional support for joint health. Wellness Essentials Active is formulated to target your unique nutritional needs to help you stay active and vital and maintain overall health.*

Each once-daily packet provides:

Multifaceted health support: PhytoMulti® is the "smart multi" with essential nutrients and a proprietary blend of 13 concentrated extracts and phytonutrients to help support cellular health and activate health potential.*

Joint relief: Kaprex® provides tailored support for joint comfort with a proprietary combination of selected plant components.*

Joint health support: ChondroCare® is a comprehensive formula designed to provide broad connective tissue support with glucosamine, chondroitin, methylsulfonylmethane (MSM), and other nutrients.*

Healthy cartilage support: Glucosamine Sulfate 750™ helps support healthy joints and other connective tissues by providing additional glucosamine, a naturally occurring compound in all connective tissues.*

Heart health, mood, and overall health support: OmegaGenics® EPA-DHA 500 is a quality-guaranteed omega-3 fatty acid formula providing third party tested pharmaceutical-grade omega-3 fatty acids to ensure greater purity.*

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

The Wellness Essentials Difference

Overall Wellness Support*	Targeted Health Support*	Convenient and Easy
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The Metagenics Difference

Metagenics is a professional nutraceutical company that formulates, manufactures, and continually evaluates nutritional products in clinical practice. Each Wellness Essentials formula represents years of collective research to deliver optimized foundation nutrition and targeted health support.*



Each packet contains: 1 PhytoMulti tablet (green), 2 OmegaGenics EPA-DHA 500 softgels (golden yellow), 3 ChondroCare tablets (white), 1 Kaprex softgel (dark green), and 1 Glucosamine Sulfate 750 tablet (off-white).

Directions: Take one packet daily or as directed by your healthcare practitioner.

Warning: Excess vitamin A intake may be toxic, may increase the risk of birth defects, and may contribute to osteoporosis. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl acetate) per day unless instructed to do so by a healthcare practitioner.

Caution: Consult your healthcare practitioner before use if pregnant, nursing, or taking other nutritional supplements or medications. Contains fish oil. Do not use if allergic to fish or shellfish. Keep out of the reach of children.

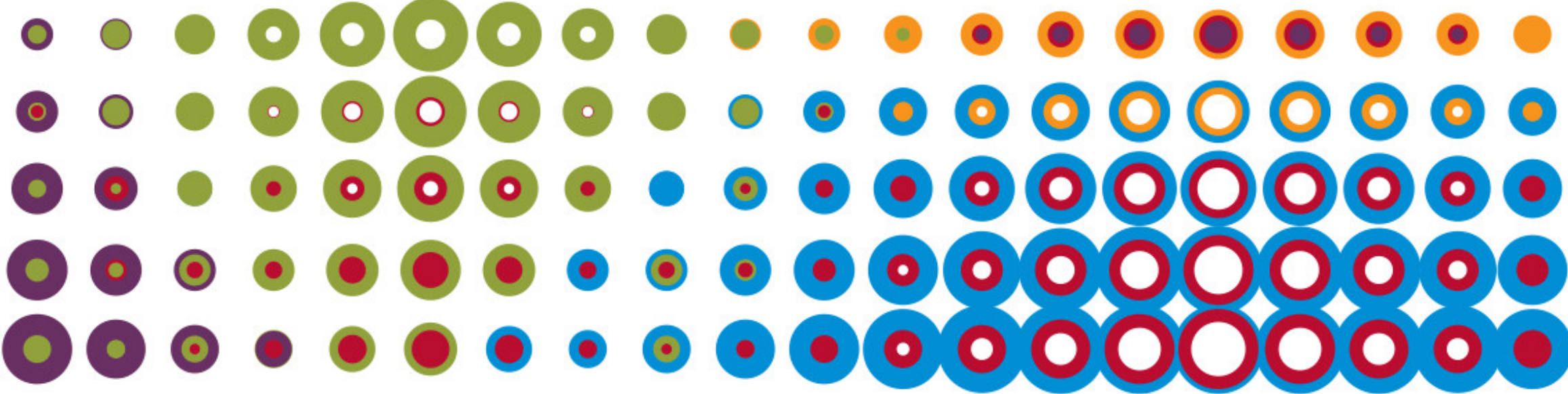
Storage: Keep in a cool, dry place.

Products included are non-GMO and gluten-free.

Wellness Essentials Active provides Advanced Nutritional Support for:*	
Joint health	Eye health
Vitality	Immune system health
Heart health	Liver health
Positive mood	Cellular health
Brain & nervous system health	Overall health



Wellness Essentials Active



DIETARY SUPPLEMENT

30 PACKETS

Supplement Facts

Serving Size 1 Packet
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%*
Cholesterol	less than 5 mg	<2%
Vitamin A (50% from mixed carotenoids and 50% as retinyl acetate)	5,000 IU	100%
Vitamin C (as ascorbic acid and ascorbyl palmitate)	90 mg	150%
Vitamin D (as cholecalciferol)	500 IU	125%
Vitamin E (as d-alpha tocopheryl succinate)	50 IU	167%
Vitamin K (as phytonadione)	60 mcg	75%
Thiamin (as thiamin mononitrate)	12.5 mg	833%
Riboflavin	7.5 mg	441%
Niacin (as niacinamide and niacin)	25 mg	125%
Vitamin B6 (as pyridoxine HCl)	12.5 mg	625%
Folate (as calcium L-5-methyltetrahydrofolate)	400 mcg	100%
Vitamin B12 (as methylcobalamin)	100 mcg	1,667%
Biotin	250 mcg	83%
Pantothenic Acid (as D-calcium pantothenate)	37.5 mg	375%
Iodine (as potassium iodide)	75 mcg	50%
Magnesium (as magnesium citrate)	20 mg	5%
Zinc (as zinc citrate)	15 mg	100%
Selenium (as selenium aspartate and selenomethionine)	200 mcg	266%
Copper (as copper citrate)	1.25 mg	63%
Manganese (as manganese citrate)	1 mg	50%
Chromium (as chromium polynicotinate)	100 mcg	83%
Molybdenum (as molybdenum aspartate complex)	25 mcg	33%
Potassium (from D-glucosamine sulfate potassium chloride)	120 mg	3%
D-Glucosamine Sulfate (as D-glucosamine sulfate potassium chloride)	1.5 g	**
Methylsulfonylmethane (MSM)	500 mg	**
Chondroitin Sulfate	600 mg	**
Choline (as choline bitartrate)	12.5 mg	**
Inositol	12.5 mg	**
Lycopene	3 mg	**
Zeaxanthin	1 mg	**
Lutein	3 mg	**
Resveratrol (from Polygonum cuspidatum root extract)	5 mg	**
Proprietary Blend of:	350 mg	**
Tetrahydro-iso-alpha acids complex [from hops (Humulus lupulus L.) cone extract]**		
Rosemary (Rosmarinus officinalis) Leaf Extract, Oleoallic Acid [from olive (Olea europaea) leaf extract]		
Proprietary Phytonutrient Blend of:	200 mg	**
Citrus bioflavonoid complex [standardized to 45% hesperidin], green coffee bean extract [standardized to 45% chlorogenic acid], pomegranate whole fruit extract [standardized to 21.6 mg gallic acid equivalents (GAE)], grape seed extract [standardized to 90% polyphenols], blueberry (Vaccinium spp.) fruit extract [standardized to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardized to 60% catechins and 40% EGCG], bitter melon fruit extract, prune skin extract [standardized to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (Cinnamomum cassia) bark powder, Indian gum Arabic tree bark and heartwood extract [standardized to 6% catechins], rosemary extract [standardized to 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]		
Marine Lipid Concentrate	2 g	**
EPA (Eicosapentaenoic acid)	600 mg	**
DHA (Docosahexaenoic acid)	400 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

PhytoMulti:
Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating (hypromellose, medium-chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin (color)).
OmegaGenics EPA-DHA 500:
Ingredients: Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], softgel shell (gelatin, glycerin, water), contains 2 percent or less of natural lemon flavor, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). Contains: Fish (anchovy, sardine, and mackerel).
Kaprex:
Other Ingredients: Olive oil, gelatin, glycerin, yellow beeswax, water, and sodium copper chlorophyllin (color).
Glucosamine Sulfate 750:
Ingredients: Glucosamine sulfate potassium chloride [crustacean shellfish (crab shells, shrimp)], microcrystalline cellulose, cellulose, ascorbic acid, stearic acid (vegetable), silica, croscarmellose sodium, and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose). Contains: Crustacean shellfish (crab shells, shrimp).
ChondroCare:
Ingredients: Glucosamine sulfate potassium chloride [crustacean shellfish (crab shells, shrimp)], microcrystalline cellulose, chondroitin sulfate, methylsulfonylmethane, cellulose, croscarmellose sodium, stearic acid (vegetable), selenomethionine, zinc citrate, silica, copper citrate, manganese citrate, and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose). Contains: Crustacean shellfish (crab shells, shrimp).
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*As Metafolin®. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany.
**As Tetrase®. U.S. Patent Nos. 7,195,785; 7,205,151; 7,270,835; 7,332,185.