

DIRECTIONS: As a dietary supplement, take 3 tablets three times daily, with 8 oz. of water or juice, preferably with or after meals.

Swallow, do not chew.

High fiber "FIBER-TABS" are a natural blend of water soluble oat bran in a convenient, easy to swallow tablet. "FIBER-TABS" are a natural, drug free product you can use as often as you like.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Keep tightly closed.

Store at room temperature: 59°-86°F (15° to 30°C).

KEEP OUT OF REACH OF CHILDREN.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

WATER
SOLUBLE
FIBER



#258



FIBER-TABS™

**OAT BRAN
TABLETS**

New
Improved
Formula

Dietary
Supplement

270 TABLETS

Supplement Facts

Serving Size 3 Tablets

Servings Per Container 90

Amount Per Serving	% DV
Calories	10
Total Carbohydrates.....	2 g 1%*
Oat Bran (husk)	2550 mg **

* Percent Daily Values are based on a 2,000 calorie diet.

* **Daily Value not established.

Other ingredients: Calcium sulfate, vegetable cellulose, stearic acid, silica

Mfg. by: **Dee Cee Laboratories, Inc.**®

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Made in USA

Rev. #02