



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

Vitamin C with Rose Hips

Vitamin Supplement

250 tablets • 1,000 mg



• DO NOT USE IF SEAL IS BROKEN • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one tablet one to two times per day with water and food.

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin C USP (as ascorbic acid)	1,000 mg	1,667%
Rose Hips (from concentrate)	100 mg	*

*Daily Value not established.

Other ingredients: Calcium carbonate, stearic acid, hydroxypropyl cellulose, lactose (from milk), magnesium stearate, food glaze, acacia, maltodextrin.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

PO Box 2000 • Fargo, ND 58108 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148

or visit our website at www.swansonvitamins.com



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