

DIRECTIONS: As a dietary supplement, take 3 tablets three times daily, with 8 oz. of water or juice, preferably with or after meals.

Swallow, do not chew.

High fiber "FIBER-TABS" are a natural blend of water soluble oat bran in a convenient, easy to swallow tablet. "FIBER-TABS" are a natural, drug free product you can use as often as you like.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Keep tightly closed.

Store at room temperature: 59°-86°F (15° to 30°C).

KEEP OUT OF REACH OF CHILDREN.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

**WATER
SOLUBLE
FIBER**



#258



®

FIBER-TABS™

**OAT BRAN
TABLETS**

*New
Improved
Formula*

Dietary Supplement

135 TABLETS

Supplement Facts

Servings Size 3 Tablets

Servings Per Container 45

Amount Per Serving	% DV
Calories	10
Total Carbohydrates.....	2 g..... 1%*
Oat Bran (husk)	2550 mg **

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other ingredients: Calcium sulfate, vegetable cellulose, stearic acid, silica.

Manufactured by: **Dee Cee Laboratories, Inc.®**

304 Dee Cee Ct., White House, TN 37188

Made in USA

Rev. #02