

**DIRECTIONS:** As a dietary supplement, take 1 tablet three times daily.

**TAMPER EVIDENT:** Do not use this product if imprinted foil seal under cap is broken or missing.

Manufactured in our own state-of-the-art FDA Registered Facility (Registration #1023013) using Good Manufacturing Practices (GMPs) assuring correct potencies, freshness, quality and purity.

Keep tightly closed.

Store at room temperature: 59°-86°F (15° to 30°C).

**KEEP OUT OF REACH OF CHILDREN.**

Other ingredients: Calcium carbonate, vegetable cellulose, bioflavonoids, apple pectin, vegetable stearic acid, betaine hydrochloride, vegetable magnesium stearate, choline bitartrate, silica, vanillin.

**CAUTION:** If you are pregnant or nursing do not take this product.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

Manufactured by: **Dee Cee Laboratories, Inc.**®

304 Dee Cee Ct., White House, TN 37188

Made in USA

Rev. #03

**dc**®

**Quality**  
**PURE**

**Gluten Free #231**

**MANGA-CAL**™

Dietary Supplement of Vitamins

C, D, Thiamin, Riboflavin,

Niacinamide, B-6 and B-12

with Calcium, Magnesium

and Manganese

**90 TABLETS**

## Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV
Vitamin C (as L-ascorbic acid).....	100 mg ..... 167%
Vitamin D-3 (as cholecalciferol) .....	133 IU ..... 33%
Thiamin (as thiamin hydrochloride)	5 mg ..... 333%
Riboflavin.....	5 mg ..... 294%
Niacin (as niacinamide) .....	5 mg ..... 25%
Vitamin B-6 .....	10 mg ..... 500%
(as pyridoxine hydrochloride)	
Vitamin B-12.....	10 mcg ..... 167%
(as cyanocobalamin)	
Calcium (as calcium lactate).....	13 mg ..... 1%
Magnesium .....	30 mg ..... 8%
(as magnesium oxide)	
Manganese .....	33 mg ..... 1650%
(as manganese sulfate)	