



**SWANSON**  
PREMIUM BRAND  
*bringing wellness to the world since 1969*

# Timed-Release Vitamin C with Rose Hips

Vitamin Supplement



250 tablets • 500 mg

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.  
• KEEP OUT OF REACH OF CHILDREN.

## SUGGESTED USE:

As a dietary supplement, take one tablet one to two times per day with water. Timed-release gradually over 6 to 8 hours.

## Supplement Facts

Serving Size 1 Timed-Release Tablet

|                                     | Amount Per Serving | % Daily Value |
|-------------------------------------|--------------------|---------------|
| Vitamin C USP<br>(as ascorbic acid) | 500 mg             | 833%          |
| Rose Hips (from concentrate)        | 50 mg              | *             |

\*Daily Value not established.

Other ingredients: Microcrystalline cellulose (plant fiber), calcium carbonate, stearic acid, magnesium stearate, hydroxymethyl cellulose, food glaze.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS  
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TO REORDER, CALL TOLL FREE 1-800-437-4148  
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