Experience the difference 1 tablet per day makes:

- ‡Clinically Proven Absorption: Vitamins D, B2, B5, folate, calcium, iron & zinc
- Provides nutritional support for bone health and supports immune health with zinc+
- Promotes energy with potent B vitamins *
- Supports healthy, red blood cells and nerve cell protection *
- Nourishes your body for brain health *
- The Enzyme and Probiotic Blend includes digestive enzymes to aid in breaking down foods*

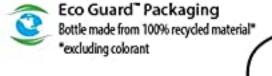
SUGGESTED USAGE: Take one tablet per day, with or between meals.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

KEEP OUT OF REACH OF CHILDREN: Consult your physician prior to using this or any product if you are pregnant, nursing, taking any medication or have a medical condition.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contains NO: Tree nuts, peanuts, eggs, fish, or shellfish.



ACTUAL SIZE TABLET







Women's One Multivitamin

Rainbow Superfoods Blend & Probiotics













Supports Immune, Bone & Brain Health*







Vegetarian

Tablets | Multivitamin Supplement

ment Serving Size 1 Tablet

Amount Pe	er Serving	% DV
Vitamin A (as 1 beta-carotene)	1800 mcg	200%
Vitamin C (ascorbic acid)	60 mg	67%
Vitamin D (as cholecalciferol)	50 mcg	250%
Vitamin E (as d-alpha tocopheryl succinate		100%
Vitamin K (as phytonadione)	120 mcg	100%
Thiamin (as thiamin mononitrate)	20 mg	1667%
Riboflavin (vitamin B2)	20 mg	1538%
Niacin (as niacinamide)	20 mg	125%
Vitamin B6 (as pyridoxine hydrochlo	20 mg oride)	1176%
Folate (as 400	mcg DFE mcg folic	
Vitamin B12 (as methylcobalamin)	10 mcg	417%
Biotin	30 mcg	100%
Pantothenic Acid (as calcium pantothenate	13 mg e)	260%
Choline (as choline bitartrate)	55 mg	10%
Calcium (from mineral-rich red alga	100 mg e)	8%
Iron (as iron amino acid chelate)	6 mg	33%
lodine (from inactivated Saccharomyces cerev	150 mcg risiae)	100%
Magnesium (as marine magnesiu extract from sea wat	100 mg	24%
Zinc (as zinc citrate)	11 mg	100%
Selenium (as selenomethionin	55 mcg	100%

Amount Pe	r Serving	% DV
Copper (as copper amino acid chelate)	0.9 mg	100%
Manganese (as manganese citrate)	2.3 mg	100%
Molybdenum (as molybdenum amino acid chelate)	45 mcg	100%
Women's Nourishing Blend	91 mg	†
Organic chlorella, gra extract, organic pom juice powder, lutein		
Organic Rainbow Superfoods Blend	80 mg	t
Organia aniculina an	ganic beet	(root)
Organic spirulina, or		
organic broccoli (pla (leaf), organic spinad	ch (leaf), o	rganic
organic broccoli (pla	ch (leaf), o ganic blue	rganic berry

Ginger (root) juice extract, amylase (180 DU†), protease (720 HUT†), xylanase (96 XU†), maltase (5 DP†), glucoamy-lase (1 AGU†), hemicellulase (738 HCU†), beta-glucanase (21 BGU†), phytase (0.1 FTU†), cellulase (29 CU†), alpha-galactosidase (5 GalU†), lipase (26 FIP†), lactase (8 ALU†), invertase (4 SU†), Bacillus coagulans MTCC 5856 (25 million CFU†) 25 mg Citrus (fruit)

	bioflavonoids	_	
	Inositol	20 mg	
	Boron	1 mg	
	(as boron glycinate)		
.			

Daily Value (DV) not established.

1301 Sawgrass Corporate Parkway, Sunrise, FL 33323, Contains milk, s Manufactured b 800.571.4701