

Chasteberry Plus* combines chasteberry and black cohosh to help support menstrual regularity, ease menstrual cramps, and support reproductive health. Ashwagandha, an herb traditionally used to support healthy aging and libido, completes this special women's formula.

♦These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DIRECTIONS: Take one tablet twice daily or as directed by your healthcare practitioner.

WARNING: Do not use if pregnant or nursing.

CAUTION: Consult your healthcare practitioner before use if you are taking medication or have a liver disorder or develop symptoms of liver trouble. Keep out of the reach of children.

STORAGE: Keep tightly closed in a cool, dry place.

Formulated to Exclude: Wheat, gluten, corn protein, soy, animal or dairy products, nuts, tree nuts, fish, crustacean shellfish, colors, artificial sweeteners, and preservatives.



Chasteberry Plus®

Supports Menstrual Regularity,
Relieves Menstrual Symptoms*

Herbal Supplement
Vegetarian
60 TABLETS

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 60

Amount Per Serving	
Chasteberry Fruit Extract 10:1 (<i>Vitex agnus-castus</i>)	100 mg*
Black Cohosh Root & Rhizome Extract (<i>Actaea racemosa</i>) [standardized to 2.5% (1mg) total triterpene glycosides expressed as 27-deoxyactein]	40 mg*
Ashwagandha Root Extract (<i>Withania somnifera</i>) [containing withanolides]	60 mg*

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, silica, stearic acid, and coating (deionized water, microcrystalline cellulose, polyethylene glycol, and carrageenan).

Developed and Manufactured by:
METAGENICS, INC.

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*Also known as *Cimicifuga racemosa*.
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