



Carlson

A & D

10,000 IU & 2,000 IU
(3,000 mcg RAE) & (50 mcg)

Same dose,
new units per
FDA

DIETARY SUPPLEMENT

✓ Vision Support* ✓ Immune Function* ✓ Skin Health*

100 Soft Gels | 100 Servings

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts


Serving Size 1 Soft Gel

Servings Per Container 100

	Amount Per Serving	% Daily Value
Vitamin A (as retinyl palmitate)	3,000 mcg RAE	333%
Vitamin D (as cholecalciferol)	50 mcg (2,000 IU)	250%

Other Ingredients: Sunflower oil, soft gel shell (beef gelatin, glycerin, water).

WARNING: Taking vitamin A from retinol in quantities of 10,000 IU or more is known to cause birth defects or other reproductive harm.

 **WARNING:** Reproductive Harm
— www.P65Warnings.ca.gov

Directions: Adults: take one soft gel daily **at mealtime**. Do not take if you are pregnant or planning to become pregnant.

✓ **Gluten-free** ✓ **Milk/Casein-free**
✓ **No Artificial Preservatives**

**POTENCY & QUALITY
GUARANTEED**

Dist. by Carlson Div. of J.R. Carlson Laboratories, Inc.
Arlington Heights, IL 60004 USA • 888-234-5656
www.carlsonlabs.com • An FDA Regulated Facility



1231-1a