

DIRECTIONS: As a dietary supplement, take 1 tablet two times each day, morning and evening, preferably with a meal.

MSM, methylsulfonylmethane, is a vital, bioavailable dietary supplement of sulfur that is found in our living tissues. MSM is an end product of DMSO (Dimethyl Sulfoxide) and helps maintain healthy joints and cartilage.*

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Keep tightly closed.

Store at room temperature: 59°-86°F (15° to 30°C).

KEEP OUT OF REACH OF CHILDREN.

M. S. M. is a DMSO metabolite.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

CAUTION: If you are pregnant or nursing do not take this product.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Gluten Free #170

SUPER M. S. M.

**Helps Maintain Healthy
Joints and Cartilage***

OptMSM™

Dietary Supplement

60 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		% DV
Vitamin C (as L-ascorbic acid)	100 mg	111%
Manganese (as manganese glycinate)	5 mg	217%
Potassium (as potassium citrate)	40 mg	1%
M. S. M. (as methylsulfonylmethane)	1000 mg	**

** Daily Value not established.

Other ingredients: Vegetable stearic acid, vegetable cellulose, silica, vegetable magnesium stearate.

Manufactured by: **Dee Cee Laboratories®**, Inc.

304 Dee Cee Rd., White House, TN 37188

Made in USA

Rev.02DV