

**DIRECTIONS:** As a dietary supplement, take 1 tablet two times each day, morning and evening, preferably with a meal.

MSM, methylsulfonylmethane, is a vital, bioavailable dietary supplement of sulfur that is found in our living tissues. MSM is an end product of DMSO (Dimethyl Sulfoxide) and helps maintain healthy joints and cartilage.\*

**\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

**TAMPER EVIDENT:** Do not use this product if imprinted foil seal under cap is broken or missing.

FDA Registered Facility (Reg. #1023013)

Mfg. under Good Manufacturing Practices (GMPs)

Keep tightly closed.

Store at room temperature: 59°-86°F (15° to 30°C).

**KEEP OUT OF REACH OF CHILDREN.**

M. S. M. is a DMSO metabolite.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

**CAUTION:** If you are pregnant or nursing do not take this product.

Gluten Free

**dc**®

OptMSM™ #170

QualiPURE®

**SUPER M. S. M.**

**Helps Maintain Healthy  
Joints and Cartilage\***

Dietary Supplement

**60 TABLETS**

## Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving                  |         | % DV |
|-------------------------------------|---------|------|
| Vitamin C (as ascorbic acid)        | 100 mg  | 167% |
| Manganese (as manganese glycinate)  | 5 mg    | 250% |
| Potassium (as potassium citrate)    | 40 mg   | <1%  |
| M. S. M. (as methylsulfonylmethane) | 1000 mg | **   |

**\*\* Daily Value not established.**

Other ingredients: Vegetable stearic acid, silica, cellulose, vegetable magnesium stearate.

Manufactured by:

**Dee Cee Laboratories®, Inc.** White House, TN 37188