

DIRECTIONS: As a dietary supplement, take 1 tablet two times each day, morning and evening, preferably with a meal.

MSM, methylsulfonylmethane, is a vital, bioavailable dietary supplement of sulfur that is found in our living tissues. MSM is an end product of DMSO (Dimethyl Sulfoxide) and helps maintain healthy joints and cartilage.*

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

FDA Registered Facility (Reg. #1023013)

Mfg. under Good Manufacturing Practices (GMPs)

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

M. S. M. is a DMSO metabolite.

Keep tightly closed.

Store at room temperature: 59°-86°F (15° to 30°C).

KEEP OUT OF REACH OF CHILDREN.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

CAUTION: If you are pregnant or nursing do not take this product.



Gluten Free #170

SUPER M. S. M.

**Helps Maintain Healthy
Joints and Cartilage***

OptiMSM™

Dietary
Supplement

120 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		% DV
Vitamin C (as ascorbic acid)	100 mg	167%
Manganese (as manganese glycinate)	5 mg	250%
Potassium (as potassium citrate)	40 mg	<1%
M. S. M. (as methylsulfonylmethane)	1000 mg	**

**** Daily Value not established.**

Other ingredients: Vegetable stearic acid, silica, cellulose, vegetable magnesium stearate.

Manufactured by: **Dee Cee Laboratories®**, Inc.
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