

**DIRECTIONS:** As a dietary supplement, take 2 tablets three times daily after meals.

Regular exercise and a healthy diet with enough calcium helps all women approximately 11 to 35 years of age maintain good bone health and may reduce their high risk of osteoporosis later in life. For persons with a family history of osteoporosis, menopausal women, or elderly men and women, adequate calcium intake is linked to reduced risk of osteoporosis through the mechanism of slowing the rate of bone loss. Adequate calcium intake is important but daily intakes above 2000 mg are not likely to provide any additional benefits.

**TAMPER EVIDENT:** Do not use this product if imprinted foil seal under cap is broken or missing.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). **KEEP OUT OF REACH OF CHILDREN.**

**CAUTION:** If you are pregnant or nursing do not take this product.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

**dc**®



**Gluten Free** #132

**CALCIUM LACTATE**

**10 GRAINS (650 MG)**

**"Calcium Builds Strong Bones"**

Dietary Supplement

**180 TABLETS**

**Fight OSTEOPOROSIS**

**Supplement Facts**

Serving Size 2 Tablets

Servings Per Container 90

<b>Amount Per Serving</b>			<b>% DV</b>
Calcium	178 mg		14%
(from 1300 mg calcium lactate)			

Other ingredients: Vegetable cellulose, vegetable stearic acid, vegetable magnesium silicate, vegetable magnesium stearate.

Six (6) Tablets Contain:		<b>% DV</b>
Elemental Calcium	534 mg	41%

Mfg. by: **Dee Cee Laboratories, Inc.**®  
304 Dee Cee Rd., White House, TN 37188

**Made in USA**

Rev.04DV