



Vitamin A

**10,000 IU Solubilized
(3,000 mcg RAE)**

DIETARY SUPPLEMENT

✓ Vision Support* ✓ Bone Health* ✓ Immune Function*
250 Soft Gels

Same dose,
new units
per FDA

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Carlson Providing the highest quality nutritional supplements since 1965

Supplement Facts

Serving Size 1 Soft Gel
Servings Per Container 250

	Amount Per Serving	% Daily Value
Vitamin A (as retinyl palmitate)	3,000 mcgRAE	333%

Other Ingredients: Polysorbate 80, soft gel shell (beef gelatin, glycerin, water).

Directions: Adults: take one soft gel daily **at mealtime**. Do not exceed recommended dosage. Do not take if you are pregnant or planning to become pregnant.

A single **Vitamin A** soft gel provides 10,000 IU (3,000 mcg RAE) of water-solubilized retinyl palmitate for enhanced absorption.

WARNING: Taking vitamin A from retinol in quantities of 10,000 IU or more is known to cause birth defects or other reproductive harm.

**POTENCY & QUALITY
GUARANTEED**



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