



Norwegian

# Super Omega-3 1,200 mg Omega-3s Gems®

in Fish Gelatin  
Soft Gels



DIETARY SUPPLEMENT

✓ Cardiovascular Support\* ✓ Brain Function\* ✓ Vision Health\*  
180 Soft Gels | 90 Servings

*Carlson.* Providing the finest Norwegian omega-3s since 1982

## Supplement Facts

Serving Size 2 Soft Gels  
Servings Per Container 90

|                                   | Amount Per Serving | % DV |
|-----------------------------------|--------------------|------|
| Calories                          | 20                 |      |
| Total Fat                         | 2 g                | 3%** |
| Protein                           | <1 g               |      |
| Vitamin E (as d-alpha tocopherol) | 13.4 mg            | 89%  |
| Norwegian Fish Oil Concentrate    | 2 g                | †    |
| Total Omega-3 Fatty Acids*        | 1,200 mg           | †    |
| EPA (Eicosapentaenoic Acid)*      | 600 mg             | †    |
| DHA (Docosahexaenoic Acid)*       | 400 mg             | †    |

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established. \*Reported as ethyl ester.

Other Ingredients: Soft gel shell (fish gelatin, glycerin, water), mixed tocopherols.  
Contains fish (anchovy, sardine, mackerel, tilapia).

**Directions:** Adults: take two soft gels daily  
at mealtime.

Distributed by Carlson Div. of J.R. Carlson Laboratories, Inc.  
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**Super Omega-3 Gems®** provide the beneficial omega-3s EPA and DHA in pescatarian (fish gelatin) soft gels. EPA and DHA support heart, brain, vision, and joint health, and promote optimal wellness.\* To ensure maximum freshness, Super Omega-3 Gems are closely managed from sea to store. We source the highest quality, deep, cold-water fish using traditional, sustainable methods.

✓ **Gluten-free**  
✓ **No Artificial Preservatives**

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

## PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.



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