



#75



# FORMULA 75

## High Potency Vitamin Mineral

Dietary Supplement

60 TABLETS

# Supplement Facts

FDA Registered Facility (Reg. #1023013)  
Mfg. Under Good Manufacturing Practices (GMPs)

Serving Size 1 Tablet

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A ..... 4500 mcg (RAE) ..... 500%		Magnesium (as magnesium oxide) ..... 7 mg..... 2%	
(80% as beta carotene)(20% as palmitate)		Zinc (as zinc oxide) ..... 15 mg ..... 136%	
Vitamin C (as L-ascorbic acid)..... 250 mg ..... 278%		Selenium (as sodium selenite) ..... 10 mcg ..... 18%	
Vitamin D-3 (as cholecalciferol)..... 800 IU (20 mcg) ..... 100%		Manganese (as manganese sulfate) ..... 6 mg ..... 261%	
Vitamin E (as d-alpha tocopheryl succinate) ... 150 IU (100 mg) ..... 667%		Potassium (as potassium chloride) ..... 10 mg ..... < 1%	
Thiamin (as thiamin hydrochloride) ..... 75 mg ..... 6250%			
Riboflavin ..... 75 mg ..... 5769%		Choline (as choline bitartrate) ..... 75 mg ..... *	
Niacin (as niacinamide) ..... 75 mg (NE) ..... 469%		Inositol (as inositol cyclohexanehexol)..... 75 mg..... *	
Vitamin B-6 (as pyridoxine hydrochloride)..... 75 mg ..... 4412%		PABA (as para aminobenzoic acid ) ..... 75 mg ..... *	
Folate ..... 800 mcg (DFE) ..... 200%		Lemon Bioflavonoids ..... 30 mg ..... *	
(400 mcg folic acid)		Rutin ..... 25 mg ..... *	
Vitamin B-12 (as cyanocobalamin)..... 75 mcg ..... 3125%		Betaine (as betaine hydrochloride)..... 25 mg ..... *	
Biotin ..... 75 mcg ..... 250%		Glutamic Acid (as L-glutamic acid) ..... 25 mg ..... *	
Calcium (as calcium carbonate and pantothenate) ..... 75 mg ..... 6%			
Iron (as ferrous fumarate)..... 10 mg ..... 56%			
Iodine (as potassium iodide)..... 150 mcg ..... 100%			

\* Daily Value not established.

Other ingredients: Vegetable magnesium silicate, vegetable cellulose, silica, vanillin, rose hips, alfalfa, parsley.  
Contains fish (cod) ingredients.

**WARNING:** Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose contact a doctor or poison control center immediately.

**DIRECTIONS:** As a dietary supplement, take 1 tablet daily.  
**TAMPER EVIDENT:** Do not use this product if imprinted seal under cap is broken or missing.  
Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C).  
**CAUTION:** If you are pregnant or nursing do not take this product.  
Conforms to USP <2091> for weight.  
Mfg. by: **Dee Cee Laboratories, Inc.®**  
304 Dee Cee Rd., White House, TN 37188    **Made in USA**    Rev.07DV