



Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 100

	Amount per Serving	% Daily Value
Vitamin A (4% as Beta-Carotene)	3500 IU	70
Vitamin C	4-60 mg	100
Vitamin D	4-700 IU	175
Vitamin E	4-22.5 IU	75
Vitamin K	20 mcg	25
Thiamin (B1)	1.2 mg	80
Riboflavin (B2)	1.7 mg	100
Niacin (B3)	16 mg	80
Vitamin B6	3 mg	150
Folate, Folic Acid, Polacin	400 mcg	100
Vitamin B12	18 mcg	300
Biotin	30 mcg	10
Pantothenic acid	5 mg	50
Calcium Elemental	200 mg	21
Iron	0 mg	0
Magnesium	120 mg	30
Zinc	15 mg	100
Selenium	4-110 mcg	157
Copper	2 mg	100
Manganese	2 mg	100
Chromium	120 mcg	100
Lycopene	↓ 100 mcg*	

* Daily Value not established.

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Dicalcium Phosphate, Calcium Carbonate, Magnesium Oxide, Microcrystalline Cellulose, Ascorbic Acid, Gelatin, Croscarmellose Sodium, d-Alpha Tocopheryl Acetate, Stearic Acid, Calcium Silicate, Zinc Oxide, Nicotinamide, Dextrin, Magnesium Stearate, Manganese Sulfate, Calcium Pantothenate, Pyridoxine Hydrochloride, Dextrose, Capric Oxide, Riboflavin, Thiamin Mononitrate, Vitamin A Acetate, Lecithin, Sodium Carboxymethylcellulose, Folic Acid, Lycopene, Chromium Chloride, Beta-Carotene, Sodium Selenate, Sodium Citrate, Biotin, Phytonadione, Cholecalciferol, Cynocobalamin