



Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin C (Ascorbic Acid)	90 mg	150%
Vitamin B3 (Niacin and as Niacinamide)	100 mg	500%
Vitamin B6 (from Pyridoxine HCl)	100 mg	5000%
Magnesium (as Magnesium Taurinate [130mg], DiMagnesium Malate [130mg], Magnesium Glycinate [130mg])	75 mg	19%
Zinc (from Zinc Oxide)	15 mg	100%
Trim PM Deep-Sleep+ blend:	1000.15 mg	*
L-Tryptophan, Melatonin		

***Daily Value (DV) not established**

Other ingredients: Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Croscarmellose Sodium, Stearic Acid, Dicalcium Phosphate, Silica, Magnesium Stearate, Polyethylene Glycol. Made in cGMP facility (current Good Manufacturing Practice).