



Supplement Facts

Servings Size: 1 Scoop (10.1g)

Servings Per Container: 30

	Amount Per Serving	%DV
Sodium (<i>as Sodium Chloride</i>)	80mg	3%*
Magnesium Bisglycinate Chelate (<i>TRAACS®</i>)	40mg	10%*
Zinc (<i>as Zinc Methionine</i>)	27mg	245%*
Potassium (<i>as Potassium Citrate</i>)	15mg	<1%*
Vitamin B6 (<i>as Pyridoxine HCL</i>)	12mg	708%*
AMINO GROWTH MATRIX		
L-Glycine	3000mg	**
L-Tryptophan	1000mg	**
ZMA RECOVERY MATRIX		
Magnesium Bisglycinate Chelate (<i>TRAACS®</i>)	400mg	**
Zinc (<i>as Zinc Methionine</i>)	150mg	**
Vitamin B6 (<i>as Pyridoxine HCl</i>)	14.5mg	**
HGH MATRIX		
L-Glutamine	2000mg	**
Gamma-Aminobutyric Acid (GABA)	350mg	**
Mucuna Pruriens 40% L-Dopa	175mg	**
TRANQUILITY MATRIX		
Chamomile Flower	75mg	**
Melatonin	2mg	**
ANTI STRESS MATRIX		
KSM-66 Ashwagandha® (<i>Root Extract</i>) (<i>Withania Somnifera</i>) (<i>Standardized to 5% Withanolides</i>)	200mg	**
L-Theanine	200mg	**
ABSORPTION MATRIX		
Sodium (<i>as Sodium Chloride</i>)	200mg	**
AstraGin® (<i>Astragalus Membranaceus</i> (<i>Root</i>)) <i>Panax Notoginseng</i> (<i>Root</i>)	50mg	**
Potassium (<i>as Potassium Citrate</i>)	40mg	**

*Percent Daily Values are based on a 2,000 calorie diet. **Daily Value not established.

Other Ingredients: Malic Acid, Natural & Artificial Flavors, Silicon Dioxide, Calcium Silicate, Sucralose, Acesulfame Potassium, FD&C Red #40.