

Dr. Michael L. Ross D.O. PA.

Miami, FL 1-305-279-7677

# B-COMPLEX 100

Dietary  
Supplement

90 TABLETS

## Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving         | % DV      | Amount Per Serving                | % DV |
|----------------------------|-----------|-----------------------------------|------|
| Thiamin ..... 100 mg       | ....6667% | B Complex Blend ..... 100 mg *    |      |
| Riboflavin ..... 100 mg    | ....5882% | (Choline, PABA, Inositol)         |      |
| Niacin ..... 100 mg        | ....500%  | Proprietary Blend ..... 10 mg *   |      |
| Vitamin B-6 ..... 100 mg   | ....5000% | {alfalfa juice concentrate, soy   |      |
| Folic Acid ..... 400 mcg   | ....100%  | lecithin, rice bran, parsley ext. |      |
| Vitamin B-12 ..... 100 mcg | ....1667% | 4:1 (leaf)}                       |      |
| Biotin ..... 100 mcg       | ....33%   |                                   |      |
| Pantothenic Acid.. 100 mg  | ....1000% |                                   |      |

\* Daily Value not established.

Ingredients: Thiamin HCl, riboflavin, niacinamide, calcium pantothenate, pyridoxine HCl, choline bitartrate, inositol, para-aminobenzoic acid, folic acid, cyanocobalamin, biotin, vegetable cellulose, vegetable magnesium stearate, silica. Contains soy ingredients.

**DIRECTIONS:** As a dietary supplement, take 1 tablet daily.

**TAMPER EVIDENT:** Do not use this product if imprinted foil seal under cap is broken or missing.

Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). **KEEP OUT OF REACH OF CHILDREN.**

**CAUTION:** If you are pregnant or nursing do not take this product.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Dist. by: **Dr. Michael L. Ross D.O. PA.**  
8200 SW 117 Ave. Ste 100  
Miami, FL 33183

Phone: 1-305-279-7677

**Made in USA**

Rev. #4