

**DIRECTIONS:** As a dietary supplement, take 2 vegetable capsules two times daily.

**TAMPER EVIDENT:** Do not use this product if imprinted foil seal under cap is broken or missing.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs) Keep tightly closed.

Store at room temperature: 59°-86°F (15° to 30°C).

**KEEP OUT OF REACH OF CHILDREN.**

Other ingredients: Vegetable cellulose, vegetable magnesium stearate. Contains fish (cod) ingredients.

**CAUTION:** If you are pregnant or nursing do not take this product.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Was a Tablet  
Now a  
Vegetable  
Capsule



Gluten Free #30

# FORMULA 30

Dietary Supplement of Vitamins  
A, D, E, C, Thiamin, Riboflavin  
and Niacinamide with Calcium,  
Phosphorus and Iodine.

**Nutritionally Supports Healthy  
Calcium Metabolism\***  
**120 Vegetable Capsules**

## Supplement Facts

Serving Size 2 Vegetable Capsules

Servings Per Container 60

| Amount Per Serving                     | % DV             |
|----------------------------------------|------------------|
| Vitamin A (as palmitate) .....         | 1000 IU .....20% |
| Vitamin C (as L-ascorbic acid).....    | 15 mg .....25%   |
| Vitamin D-3 (as cholecalciferol) ..... | 200 IU .....50%  |
| Vitamin E .....                        | 1.2 IU .....4%   |
| (as d-alpha tocopheryl succinate)      |                  |
| Thiamin (as thiamin hydrochloride)     | 0.5 mg .....33%  |
| Riboflavin .....                       | 1 mg .....59%    |
| Niacin (as niacinamide) .....          | 5 mg .....25%    |
| Calcium (as calcium phosphate) ..      | 500 mg .....50%  |
| Phosphorus .....                       | 385 mg .....39%  |
| (as calcium phosphate)                 |                  |
| Iodine (as potassium iodide)           | 75 mcg .....50%  |

Manufactured by: **Dee Cee Laboratories, Inc.** ®  
304 Dee Cee Rd., White House, TN 37188  
**Made in USA**

Rev #03