

NEW
OVAL
SHAPE
TABLET



Gluten Free

#19

FORMULA 19TM

MULTIVITAMIN/MULTIMINERAL

for Adults and Children 4 or more
years of age and Pregnant and
Lactating Women

Dietary Supplement

90 TABLETS

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 45

Conforms to USP <2091> for
weight. Meets USP <2040>
disintegration for maximum
bioavailability.

Mfg. in an FDA Registered
Facility using Good
Manufacturing Practices (GMPs)

Amount Per Serving		% DV for adults and children 4 or more years of age	% DV for pregnant or lactating women	Amount Per Serving		% DV for adults and children 4 or more years of age	% DV for pregnant or lactating women
Vitamin A	500 mcg (RAE)	56%	39%	Vitamin B-12	2 mcg	83%	71%
Vitamin C	20 mg	22%	17%	Biotin.....	100 mcg	333%	286%
Vitamin D-3....	133 IU (3.3 mcg)	17%	22%	Pantothenic Acid.....	3.3 mg	66%	47%
Vitamin E	10 IU (6.7 mg)	45%	35%	Calcium.....	154 mg	12%	12%
Thiamin HCl.....	0.5 mg	42%	36%	Iron	6 mg (6000 mcg)	33%	22%
Riboflavin.....	0.56 mg	43%	35%	Phosphorus	120 mg	10%	10%
Niacin.....	7 mg (NE)	44%	39%	Iodine.....	1.5 mcg	1%	<1%
Vitamin B-6.....	0.66 mg	39%	33%	Magnesium	133 mg	32%	33%
Folate.....	268 mcg (DFE)	67%	45%	Zinc.....	5 mg	46%	39%
	(134 mg folic acid)			Copper.....	0.67 mg	74%	52%

Ingredients: Dicalcium phosphate, veg. cellulose, magnesium oxide, veg. stearic acid, zinc gluconate, L-ascorbic acid, ferrous fumarate, biotin, silica, d-alpha tocopheryl succinate, niacinamide, vanillin, copper gluconate, calcium pantothenate, palmitate, potassium iodine, cholecalciferol, pyridoxine HCl, riboflavin, folic acid, cyanocobalamin. Contains fish (cod) ingredients. **TAMPER EVIDENT:** Do not use this product if imprinted foil seal under cap is broken or missing. Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C).

Directions: Take 2 tablets three times daily.

Manufactured by: **Dee Cee Laboratories, Inc.**®, 304 Dee Cee Rd.,
White House, TN 37188 **Made in USA** Rev.03DV

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose contact a doctor or poison control center immediately.