



Gluten Free #10

VIDOPLEX-ML™

Dietary Supplement of
Vitamins A, C, D, E, B-1, B-2,
Niacinamide, B-6, B-12, Biotin
and Pantothenic Acid with
Calcium, Iodine, Iron,
Magnesium, Copper and Zinc

90 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A (as 50% palmitate & 50% beta carotene) 5000 IU ...	100%	Biotin	50 mcg ... 17%
Vitamin C (as L-ascorbic acid)	200 mg ... 333%	Pantothenic Acid(as calcium pantothenate)20 mg	200%
Vitamin D-3 (as cholecalciferol)	400 IU ... 100%	Calcium (as calcium carbonate)	125 mg 12.5%
Vitamin E (as d-alpha tocopheryl succinate) 15 IU	50%	Iron (as ferrous fumarate)	12 mg ... 67%
Thiamin (as thiamin hydrochloride)	10 mg ... 667%	Iodine (as potassium iodide)	150 mcg 100%
Riboflavin	10 mg ... 588%	Magnesium (as magnesium oxide)	65 mg ... 16%
Niacin (as niacinamide)	100 mg ... 500%	Zinc (as zinc gluconate)	5 mg ... 33%
Vitamin B-6 (as pyridoxine hydrochloride) 5 mg ..	250%	Copper (as copper gluconate)	2 mg 100%
Folic Acid	400 mcg ... 100%	Manganese (as manganese gluconate) ..	1 mg ... 50%
Vitamin B-12 (as cyanocobalamin)	5 mcg 83%		

TAMPER EVIDENT: Do not use this product if imprinted seal under cap is broken or missing. Contains fish (cod) ingredients.

Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C).

Other ingredients: Vegetable cellulose, vegetable stearic acid, silica, bioflavonoids, choline bitartrate, inositol, PABA, alfalfa, rose hips, vegetable magnesium stearate, vanillin. Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability. **CAUTION:** If you are pregnant or nursing do not take this product.

DIRECTIONS: As a dietary supplement, take 1 tablet daily.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose contact a doctor or poison control center immediately.

FDA Registered Facility (Reg. #1023013) Mfg. Under Good Manufacturing Practices (GMPs) Rev. #02

Mfg. by: **Dee Cee Laboratories, Inc. ®**

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Made in USA