



Gluten Free

#10

VIDOPLEX-ML™

Dietary Supplement of
Vitamins A, C, D, E, B-1, B-2,
Niacinamide, B-6, B-12, Biotin
and Pantothenic Acid with
Calcium, Iodine, Iron,
Magnesium, Copper and Zinc

90 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A 1,125 mcg (RAE) (5000 IU).... 125% (as 50%palmitate & 50%beta carotene)		Vitamin B-12 (as cyanocobalamin) 5 mcg ... 208%	
Vitamin C (as L-ascorbic acid)..... 200 mg....222%		Biotin 50 mcg ... 167%	
Vitamin D-3 (as cholecalciferol) 10 mcg (400 IU)..... 50%		Pantothenic Acid(as calcium pantothenate) ..20 mg ... 400%	
Vitamin E 10 mg (15 IU)..... 67% (as d-alpha tocopheryl succinate)		Calcium (as calcium carbonate) 125 mg 10%	
Thiamin (as thiamin hydrochloride) 10 mg....833%		Iron (as ferrous fumarate) 12 mg 67%	
Riboflavin 10 mg....769%		Iodine (as potassium iodide)..... 150 mcg ... 100%	
Niacin (as niacinamide) 100 mg....625%		Magnesium (as magnesium oxide).....65 mg 15%	
Vitamin B-6 (as pyridoxine hydrochloride) 5 mg....294%		Zinc (as zinc gluconate).....5 mg 45%	
Folate.....800 mcg (DFE)....200% (400 mcg of folic acid)		Copper (as copper gluconate)2 mg ... 222%	
		Manganese (as manganese gluconate) 1 mg 43%	

DIRECTIONS: As a dietary supplement, take 1 tablet daily.

TAMPER EVIDENT: Do not use this product if imprinted seal under cap is broken or missing. Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C).

Other ingredients:Vegetable cellulose, vegetable magnesium silicate, vegetable stearic acid, silica, bioflavonoids, choline bitartrate, inositol, PABA, alfalfa, rose hips, vegetable magnesium stearate, vanillin. Contains fish (cod) ingredients.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability. **CAUTION:** If you are pregnant or nursing do not take this product.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose contact a doctor or poison control center immediately.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Mfg. by: **Dee Cee Laboratories, Inc. ®**,

304 Dee Cee Rd., White House, TN 37188

Made in USA Rev.05DV