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Gluten Free

VIDOPLEX-ML™

Dietary Supplement of
 Vitamins A, C, D, E, B-1, B-2,
 Niacinamide, B-6, B-12, Biotin
 and Pantothenic Acid with
 Calcium, Iodine, Iron,
 Magnesium, Copper and Zinc

54 TABLETS**Supplement Facts**

Serving Size 1 Tablet

Conforms to USP <2091> for weight.
 Meets USP <2040> disintegration
 for maximum bioavailability.

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A 1,125 mcg (RAE) (5000 IU) ... 125% (as 50% palmitate & 50% beta carotene)		Vitamin B-12 (as cyanocobalamin) 5 mcg ... 208%	
Vitamin C (as L-ascorbic acid) 200 mg ... 222%		Biotin 50 mcg ... 167%	
Vitamin D-3 (as cholecalciferol) 10 mcg (400 IU) 50%		Pantothenic Acid (as calcium pantothenate) .. 20 mg ... 400%	
Vitamin E 10 mg (15 IU) 67% (as d-alpha tocopheryl succinate)		Calcium (as calcium carbonate) 125 mg 10%	
Thiamin (as thiamin hydrochloride) 10 mg ... 833%		Iron (as ferrous fumarate) 12 mg 67%	
Riboflavin 10 mg ... 769%		Iodine (as potassium iodide) 150 mcg ... 100%	
Niacin (as niacinamide) 100 mg ... 625%		Magnesium (as magnesium oxide) 65 mg 15%	
Vitamin B-6 (as pyridoxine hydrochloride) 5 mg ... 294%		Zinc (as zinc gluconate) 5 mg 45%	
Folate 800 mcg (DFE) ... 200% (400 mcg of folic acid)		Copper (as copper gluconate) 2 mg ... 222%	
		Manganese (as manganese gluconate) 1 mg 43%	

TAMPER EVIDENT: Do not use this product if imprinted seal under cap is broken or missing. Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). **CAUTION:** If you are pregnant or nursing do not take this product.

Other ingredients: Vegetable cellulose, vegetable magnesium silicate, vegetable stearic acid, silica, bioflavonoids, choline bitartrate, inositol, PABA, alfalfa, rose hips, vegetable magnesium stearate, vanillin. Contains fish (cod) ingredients.

DIRECTIONS: As a dietary supplement, take 1 tablet daily.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose contact a doctor or poison control center immediately.

Mfg. in an FDA Registered Facility using
 Good Manufacturing Practices (GMPs)

Mfg. by: **Dee Cee Laboratories, Inc.®**
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Made in USA Rev.06DV