



MEGA VITA•MIN

Dietary Supplement

Yeast Free

with Beta Carotene

30 PACKETS (8 Per Pack)

Supplement Facts

Serving Size 1 Packet (8 Per Pack)

Amount Per Packet	% DV	Amount Per Packet	% DV	Amount Per Packet	% DV
Vitamin A 25000 IU 500% (80% as beta carotene & 20% as palmitate)		Magnesium (as magnesium oxide)..... 400 mg 100%		Papain..... 50 mg *	
Vitamin C (as L-ascorbic acid) 1500 mg 2500%		Zinc (as zinc gluconate)..... 40 mg 267%		Pepsin 75 mg *	
Vitamin D-3 (as cholecalciferol) 1000 IU 250%		Selenium (as sodium selenite) 50 mcg 71%		Betaine (as betaine hydrochloride) 10 mg *	
Vitamin E (as d-alpha tocopheryl succinate) 400 IU 1333%		Copper (as copper gluconate) 0.6 mg 30%		Glutamic Acid HCl 10 mg *	
Thiamin (as thiamin mononitrate) 100 mg 6667%		Manganese (as manganese gluconate) 14 mg 700%		Lecithin Amino Acid Complex 400 mg *	
Riboflavin 100 mg 5882%		Chromium (as polynicotinate) 100 mcg 83%		(as L-glycine & lecithin)	
Niacin (as niacinamide) 100 mg 500%		Potassium (as potassium citrate)..... 98 mg 2.8%		Inositol 100 mg *	
Vitamin B-6 (as pyridoxine hydrochloride) 100 mg 5000%				Choline (as choline bitartrate) 100 mg *	
Folic Acid 400 mcg 100%		Protein 1.5 g 3%		PABA (as para amino benzoic acid) ... 100 mg *	
Vitamin B-12 (as cyanocobalamin) 100 mcg 1667%		Rose Hips (fruit)..... 150 mg *		Sodium 12.5 mg <1%	
Biotin 100 mcg 33%		Pancreatin 6X USP*** 33 mg *			
Pantothenic Acid (as calcium pantothenate) 100 mg 1000%		Standardized for:			
Calcium (as calcium carbonate) 800 mg 80%		Amylase*** 4995 Units			
Iron (as ferrous fumarate) 40 mg 222%		Lipase*** 400 Units			
Iodine (as potassium iodide)..... 226 mcg 150%		Protease*** 4995 Units			

Other ingredients: Calcium carbonate, veg. cellulose, calcium phosphate, veg. stearic acid, veg. magnesium stearate, silica, veg. magnesium silicate, vanillin, parsley leaves, rice bran, watercress leaves, alfalfa leaves, soy lecithin. Contains milk, fish (cod), soy ingredients.

DIRECTIONS: As a dietary supplement, take 1 or more packets daily.
Keep tightly closed.

Store at room temperature: 59°-86°F (15° to 30°C).

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Mfg. & Dist. by: **Dee Cee Laboratories, Inc.** ® , 304 Dee Cee Rd., White House, TN 37188

Made in USA

Rev. #03

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

PHENYLKETONURICS: CONTAINS PHENYLALANINE.

CAUTION: If you are pregnant or nursing do not take this product.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration for maximum bioavailability.

* Daily Value not established.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Collagen (Hydrolyzed Gelatin)..... 1500 mg (1.5 mg)
(providing the following amino acids)

Lysine (E) 50 mg	Alanine 126 mg
Histidine (E) 13.5 mg	Glycine 349.5 mg
Arginine 115.5 mg	Valine (E) 33 mg
Aspartic Acid .. 67.5 mg	Methionine (E) 13.5 mg
Threonine (E) .. 28.5 mg	Isoleucine (E) 18 mg
Serine 51 mg	Leucine (E) 39 mg
Glutamic Acid .. 150 mg	Tyrosine 9 mg
Proline 205.5 mg	Ornithine 22.5 mg
	Phenylalanine(E) 24 mg