



MEGA VITA•MIN

Dietary Supplement

Yeast Free

with Beta Carotene

30 PACKETS (8 Per Pack)

Supplement Facts

Serving Size 1 Packet (8 Per Pack)

Amount Per Packet	% DV	Amount Per Packet	% DV	Amount Per Packet	% DV
Vitamin A25000 IU500% (80% as beta carotene & 20% as palmitate)		Zinc (as zinc gluconate)..... 40 mg 267%		Betaine (as betaine hydrochloride)..... 10 mg..... *	
Vitamin C (as L-ascorbic acid)1500 mg2500%		Selenium (as sodium selenite) 50 mcg 71%		Glutamic Acid HCl 10 mg..... *	
Vitamin D-3 (as cholecalciferol) 1000 IU250%		Copper (as copper gluconate) 0.6 mg 30%		Lecithin Amino Acid Complex 400 mg..... *	
Vitamin E (as d-alpha tocopheryl succinate) 400 IU 1333%		Manganese (as manganese gluconate) 14 mg 700%		(as L-glycine & lecithin)	
Thiamin (as thiamin hydrochloride) 100 mg6667%		Chromium (as polynicotinate) 100 mcg 83%		B-Complex Blend:..... 100 mg..... *	
Riboflavin100 mg5882%		Potassium (as potassium citrate)..... 98 mg 2.8%		Choline (as choline bitartrate), Inositol	
Niacin (as niacinamide)100 mg500%				(cyclohexanehexol), PABA (as para amino benzoic acid)	
Vitamin B-6 (as pyridoxine hydrochloride) 100 mg5000%		Protein 1.5 g 3%		Proprietary Blend:..... 10 mg..... *	
Folic Acid400 mcg 100%		Rose Hips (fruit)..... 150 mg *		Alfalfa, soy lecithin, rice bran, parsley	
Vitamin B-12 (as cyanocobalamin) 100 mcg 1667%		Pancreatin 6X USP*** 33 mg *		Sodium 12.5 mg <1%	
Biotin..... 100 mcg33%		Standardized for:			
Pantothenic Acid (as calcium pantothenate) 100 mg 1000%		Amylase***4995 Units			
Calcium (as calcium carbonate)800 mg80%		Lipase***400 Units			
Iron (as ferrous fumarate)40 mg222%		Protease***4995 Units			
Iodine (as potassium iodide)..... 226 mcg 150%		Papain 50 mg *			
Magnesium (as magnesium oxide)..... 400 mg 100%		Pepsin 75 mg *			

Other ingredients: Calcium carbonate, veg. cellulose, calcium phosphate, veg. stearic acid, veg. magnesium stearate, silica, veg. magnesium silicate, vanillin. Contains milk, fish (cod), soy ingredients.

DIRECTIONS: As a dietary supplement, take 1 or more packets daily.

Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). **KEEP OUT OF REACH OF CHILDREN.**

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Mfg. & Dist. by: **Dee Cee Laboratories, Inc.** ® , 304 Dee Cee Rd., White House, TN 37188

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

PHENYLKETONURICS: CONTAINS PHENYLALANINE.

CAUTION: If you are pregnant or nursing do not take this product.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration for maximum bioavailability.

Made in USA

Rev. #04

Collagen (Hydrolyzed Gelatin).....1500 mg (1.5 mg)
(providing the following amino acids)

Lysine (E) 50 mg	Alanine126 mg
Histidine (E) 13.5 mg	Glycine349.5 mg
Arginine 115.5 mg	Valine (E).....33 mg
Aspartic Acid .. 67.5 mg	Methionine (E) 13.5 mg
Threonine (E).. 28.5 mg	Isoleucine (E)18 mg
Serine 51 mg	Leucine (E)39 mg
Glutamic Acid .. 150 mg	Tyrosine9 mg
Proline 205.5 mg	Ornithine.....22.5 mg
	Phenylalanine(E) 24 mg

* Daily Value not established.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

