



Gluten Free #639

VITA-WOMEN Time Release Tablets for Women

Supports Energy Metabolism

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Dietary Supplement

60 TABLETS

Supplement Facts

Serving Size 2 Tablets Servings Per Container 30

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A5000 IU.....100%		Chromium200 mcg....167%	
(beta carotene & retinyl palmitate)		(as Chromax® chromium picolinate)	
Vitamin C (as L-ascorbic acid).....200 mg.....333%		Molybdenum75 mcg....100%	
Vitamin D (as cholecalciferol).....2000 IU.....500%		(as sodium molybdate)	
Vitamin E30 IU.....100%		Potassium30 mg.....1%	
(as d-alpha tocopherol)		(as potassium chloride)	
Vitamin K (as phytonadione).....80 mcg.....100%			
Thiamin (Vitamin B-1)50 mg.....3333%		Vanadium10 mcg.....*	
(as thiamin mononitrate)		(as sodium metavanadate)	
Riboflavin (Vitamin B-2).....50 mg.....2941%		Boron (as bororganic glycine).....2 mg.....*	
Niacin (as niacinamide).....50 mg.....250%		Alpha Lipoic Acid10 mg.....*	
Vitamin B-6 (as pyridoxine HCl).....50 mg.....2500%		Hesperidin Complex5 mg.....*	
Folic Acid400 mcg.....100%		Vita-Women Proprietary Blend.....100 mg.....*	
Vitamin B-12(as cyanocobalamin)100 mcg.....1667%		Collagen (hydrolyzed gelatin), Choline Bitartrate,	
Biotin (as d-biotin).....1000 mcg.....333%		Inositol, Silica (as silicon dioxide)	
Pantothenic Acid50 mg.....500%		Vita-Women Fruit and Vegetable Blend....55 mg.....*	
(as d-calcium pantothenate)		Citrus Bioflavonoids Comp. (peel), Bilberry Ext. (fruit),	
Calcium (as calcium carbonate)500 mg.....50%		Elderberry (fruit), Black Currant (fruit), Grape Seed Ext.,	
Iron (as ferrous fumarate)18 mg....100%		Brussels Sprouts Ext., Kale Ext., Cauliflower Ext., Celery	
Iodine (as potassium iodide).....150 mcg.....100%		Seed Ext., Carrot Ext., Broccoli Ext., Cabbage Ext., Lutein,	
Magnesium(as magnesium oxide) 100 mg.....25%		Coenzyme Q-10, Resveratrol Ext. (root), Lycopene.	
Zinc (as zinc oxide).....15 mg.....100%			
Selenium (as sodium selenate)200 mcg.....286%			
Copper (as cupric oxide)2 mg.....100%			
Manganese(as manganese gluconate).. 2 mg.....100%			

* Daily Value not established.

DIRECTIONS: As a dietary supplement, take two (2) tablets daily, preferably with a meal.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing. Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C).

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Conforms to USP <2091> for weight. Meets USP<2040> disintegration for maximum bioavailability.

Other ingredients: Vegetable cellulose, vegetable stearic acid, gelatin, natural palm leaf glaze, silica, vanillin, vegetable magnesium stearate. Contains milk ingredients.

No artificial color, **No** preservatives, **No** sugar, **No** wheat, **No** yeast, **No** fish. Non-GMO

CAUTION: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use.

Not intended for use by persons under the age of 18.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose contact a doctor or poison control center immediately.

Distributed by: **Dee Cee Laboratories, Inc.®**
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Made in USA

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