

Swanson

ULTRA®

The Most Advanced Nutrition Technology

CAPSULES

MSM

Methylsulfonylmethane

Dietary Supplement

240 CAPSULES • 1,000 mg



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one capsule three to five times per day with water.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
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TruFlex® MSM (methylsulfonylmethane)	1 gram *
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*Daily Value not established.

Other ingredients: Gelatin, magnesium stearate.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
PO Box 2803 • Fargo, ND 58108 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



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