



Gluten Free #569

VITA-MEN

Time Release

Tablets for Men

Supports Energy Metabolism

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Dietary Supplement

90 TABLETS

Supplement Facts

Serving Size 3 Tablets

Servings Per Container 30

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Amount Per Serving	% DV
Vitamin A (as beta carotene).....	10000 IU ... 200%
Vitamin C (as L-ascorbic acid).....	300 mg ... 500%
Vitamin D-3 (from fish liver oil).....	400 IU ... 100%
Vitamin E (as d-alpha).....	100 IU ... 333%
Thiamin HCl (Vitamin B-1).....	50 mg 3333%
Riboflavin (Vitamin B-2).....	50 mg 2941%
Niacin (as niacinamide).....	50 mg ... 250%
Vitamin B-6 (as pyridoxine HCl).....	50 mg 2500%
Folic Acid.....	400 mcg ... 100%
Vitamin B-12 (as cyanocobalamin)	50 mcg .. 833%
Biotin	50 mcg 17%
Pantothenic Acid(as d-calcium pantothenate) 50 mg ...	500%
Calcium (as carbonate, citrate)	50 mg 5%
Iron (as amino acid chelate)	5 mg 28%
Iodine (from kelp).....	150 mcg ... 100%
Magnesium (as oxide, citrate).....	200 mg 50%
Zinc (as monomethionine)**.....	15 mg ... 100%
Selenium (as amino acid chelate) ...	100 mcg ... 143%
Copper (as amino acid chelate).....	100 mcg 5%
Manganese (as amino acid chelate)	10 mg ... 500%
Chromium (as polynicotinate)^.....	140 mcg ... 117%
Molybdenum (as amino acid chelate) 10 mcg.....	13%
Potassium	99 mg 3%
(as chloride, amino acid complex)	

Amount Per Serving	% DV
Maca (root extract)	100 mg*
(standardized to 0.6% {0.6 mg} macamides and macaenes)	
Tribulus (aerial parts extract)	100 mg*
{40% (40 mg) tribulosides}	
Muiru puama bark powder.....	35 mg*
Colostrum	100 mg*
Panax ginseng root extract.....	200 mg*
(standardized to 5% {10 mg} ginsenosides)	
Green tea leaf extract	100 mg*
(50% {50 mg} catechins)	
Saw palmetto berry extract.....	80 mg*
(standardized to 35-45% {28-36 mg} fatty acids and sterols)	
Pygeum bark extract.....	15 mg*
(3.7 % {0.55 mg} beta-sitosterol)	
Lycopene (from tomatoes).....	1 mg*
Policosanol complex	2 mg*
Guggulipid gum extract.....	25 mg*
(2.5% {0.625 mg} guggulsterones)	
Soy bean extract (SoyLife®)	75 mg*
(2.5-3.5% {1.8-2.6 mg} isoflavones)	
Grape seed extract	5 mg*
Passion flower extract.....	30 mg*
Hops strobiles extract	20 mg*

* Daily Value not established.

DIRECTIONS: For adult men, as a dietary supplement, take three (3) tablets daily, preferably with a meal. Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). **KEEP OUT OF REACH OF CHILDREN.** Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs) Conforms to USP <2091> for weight. Meets USP<2040> disintegration for maximum bioavailability. Other ingredients: Vegetable cellulose, vegetable stearic acid, silica, vegetable magnesium stearate, calcium phosphate, cellulose glaze. Contains milk and soy ingredients.

CAUTION: This product is intended for use by men and is not for use by women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Not intended for use by persons under the age of 18. Diabetics / Hypoglycemics use only under a doctor's supervision because this product contains chromium which may enhance insulin sensitivity and may affect your blood glucose levels. **No Artificial Color, No Preservatives, No Sugar, No Salt, No Wheat, No Yeast, No Corn.**

**From L-OptiZinc®, ^ From ChromeMate®

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose contact a doctor or poison control center immediately.

Distributed by: **Dee Cee Laboratories, Inc.®**
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Made in USA

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