daily, preferably with a meal.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing. Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Keep tightly closed. Store at room temperature: 59°-86° F (15°-30° C). KEEP OUT OF REACH OF CHILDREN.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability. Rev #04

Flax, Borage and Fish oil are the three essential ingredients in a blend of oils designed to provide nutrients for the well-being of the body. Flaxseed oil is one of the richest dietary plant sources of alphalinolenic acid (Omega-3) and linoleic acid (Omega 6). Borage oil is a rich source of gamma linolenic acid (GLA) which helps regulate a variety of functions in the body. Fish oil is a rich source of Omega-3 fatty acids, EPA (Eicosapentaenoic Acid) and DHA (Docosahexaenoic Acid). EPA nutritionally supports healthy circulation. DHA nutritionally supports healthy brain, eye and nervous system.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Do not take this product if you have or have had a recent surgery or bleeding disorder, are a pregnant or lactating woman or are taking blood thinning drugs.

Other ingredients: Gelatin, veg. glycerin, mixed natural tocopherols. Contains fish (anchovy, mackerel, sardine) ingredients.

Distributed by: Dee Cee Laboratories, Inc. ® 304 Dee Cee Ct., White House, TN 37188

Made in USA



## mega FLAX-BORAGE-FISH **Providing**

Omega-3 • Omega-6 • Omega-9

GLA • EPA • DHA Dietary

Supplement

90 SOFTGELS

## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% DV
Calories15	
Calories from Fat10	
Total Fat1 g	2%*
Polyunsaturated Fat0.5 g	**
Monounsaturated Fat	**
Cholesterol<1 mg .	1%*
Omega-3 451 mg Total Omega-3 Fatty Acids comp Eicosapentaenoic Acid (EPA) Docosahexaenoic Acid (DHA)	***
Alpha Linolenic Acid (ALA)	
Omega-6 98 mg of Total Omega-6 Fatty Acids com Linoleic Acid	
Gamma Linolenic Acid (GLA)	***
Omega-9 88 mg of Total Omega-9 Fatty Acids com Oleic Acid	prising of:

<sup>\*\*</sup> Percent Daily Values are based on a 2,000 calorie diet.

\*\*\* Daily Value not established.