



Gluten Free #417

MEGA B-COMPLEX

B-150 COMPLEX

Dietary Supplement

30 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A 5000 IU 100%		Iron 12 mg 67%	
Vitamin C 200 mg 333%		Iodine 150 mcg 100%	
Vitamin D-3 400 IU 100%		Magnesium 65 mg 16%	
Vitamin E 15 IU 50%		Zinc 5 mg 33%	
Thiamin 10 mg 6667%		Copper 2 mg 100%	
Riboflavin 10 mg 588%		Manganese 1 mg 50%	
Niacin 100 mg 500%			
Vitamin B-6 5 mg 250%		B Complex Blend 150 mg *	
Folic Acid 400 mcg 100%		(Choline, PABA, Inositol)	
Vitamin B-12 5 mcg 83%		Herbal Blend 7 mg *	
Biotin 50 mcg 17%		{alfalfa juice concentrate, soy	
Pantothenic Acid 20 mg 200%		lecithin, rice bran, parsley ext.	
Calcium 125 mg 12.5%		4:1 (leaf)}	

* Daily Value not established.

DIRECTIONS: As a dietary supplement, take 1 tablet daily.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing. Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C).

KEEP OUT OF REACH OF CHILDREN.

CAUTION: If you are pregnant or nursing do not take this product. Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability. Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

KEEP OUT OF REACH OF CHILDREN.

Ingredients: Palmitate, beta carotene, L-ascorbic acid, cholecalciferol, d-alpha tocopheryl succinate, thiamin HCl, niacinamide, pyridoxine HCl, cyanocobalamin, calcium pantothenate, calcium carbonate, ferrous fumarate, potassium iodide, magnesium oxide, zinc gluconate, copper gluconate, manganese gluconate, veg. cellulose, veg. stearic acid, silica, bioflavonoids, choline bitartrate, inositol, PABA, alfalfa, rose hips, veg. magnesium stearate, vanilla. Contains soy ingredients. Rev. #09

Manufactured by: **Dee Cee Laboratories, Inc.** ® 304 Dee Cee Ct.,
White House, TN 37188 **Made in USA**

