



#848



GREEN SOURCE®

Whole Food Vitamin-Mineral Complex

Dietary Supplement

90 TABLETS

Supplement Facts

Serving Size 3 Tablets

Servings Per Container 30

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A (as 100% beta carotene)	5000 IU 100%	L-Glutathione	5 mg *
Vitamin C (as L-ascorbic acid)	500 mg 833%	Lutein	10 mcg *
Vitamin D (as ergocalciferol)	800 IU 200%	Green Source Enzyme Blend	50 mg *
Vitamin E (as d-alpha tocopheryl acetate)	100 IU 333%	(Betaine HCl, Bromelain (from pineapple), Papain (papaya enzyme), Amylase, Lipase, Cellulase, Protease)	
Thiamin (B-1) (as thiamin mononitrate)	25 mg 1667%	Green Source Probiotic Blend	25 mg *
Riboflavin (Vitamin B-2)	25 mg 1471%	(B. bifidum, L. bulgaricus, L. acidophilus)	
Niacin (as niacinamide)	25 mg 125%	Green Source Omega Blend	300 mg *
Vitamin B-6 (as pyridoxine HCl)	25 mg 1250%	(Flaxseed Oil, Sunflower Oil, Borage Powder)	
Folic Acid	400 mcg 100%	(Contains Omega-3 35 mg and Omega-6 12 mg)	
Vitamin B-12 (as cyanocobalamin)	250 mcg 4167%	Green Source Green and Whole Food	
Biotin (as d-Biotin)	300 mcg 100%	Blend	1230 mg *
Pantothenic Acid (as calcium pantothenate) 30 mg	300%	(Oat Ext. (aerial), Chlorella (plant), Wheat Grass (aerial), Spirulina (plant), Apple Pectin (fruit), Barley Grass (aerial), Sodium Copper Chlorophyllin)	
Calcium	268 mg 27%	Green Source Herbal Blend	100 mg *
(as calcium carbonate, phosphate, pantothenate)		(Echinacea purpurea (aerial), Ginger (root), Milk Thistle (seed), Cayenne (fruit), Korean Ginseng Ext. (root), Ginkgo Biloba Ext. (leaf), Goldenseal (root))	
Iron (as ferrous sulfate)	15 mg 83%	Green Source Vegetable Blend	100 mg *
Iodine (as kelp)	150 mcg 100%	(Garlic (bulb), Wheat Grass (aerial), Beet Root Pwd., Carrot Pwd., Parsley Pwd., Astragalus Pwd. and Extracts of Broccoli, Cabbage, Brussels Sprouts, Cauliflower and Kale)	
Magnesium (as magnesium oxide)	125 mg 31%	Green Source Fruit Blend	100 mg *
Zinc (as zinc oxide)	15 mg 100%	(Grapefruit Ext., Apple Pwd., (fruit), Papaya Fruit Pwd., Peach (fruit), Strawberry (fruit), Acai (fruit), Cranberry (fruit), Blueberry (fruit), Bilberry Ext. (fruit), Pomegranate Ext. (fruit), Pineapple (fruit), Orange (fruit), Noni Ext. (fruit))	
Selenium (as L-selenomethionine)	25 mcg 36%	Green Source Mushroom Blend	50 mg *
Copper (as cupric gluconate)	0.5 mg 25%	(Shiitake Ext., Maitake, Reishi Ext.)	
Manganese (as manganese gluconate)	4 mg 200%		
Chromium (as chromium picolinate)	100 mcg 83%		
Molybdenum (as sodium molybdate)	51 mcg 68%		
Chloride (as potassium chloride)	45 mg 1%		
Potassium (as potassium chloride)	50 mg 1%		
Choline Bitartrate (as choline bitartrate)	50 mg *		
Inositol	25 mg *		
PABA (as para-aminobenzoic acid)	25 mg *		
Boron (as sodium borate)	1 mg *		
Citrus Bioflavonoids (fruit)	60 mg *		
Hesperidin Complex (fruit)	20 mg *		
Rutin	20 mg *		
Quercetin	20 mg *		
DNA (Deoxyribonucleic Acid)	1 mg *		
RNA (Ribonucleic Acid)	35 mg *		

* Daily Value not established.

DIRECTIONS: As a dietary supplement, take three (3) tablets daily, preferably with a meal or as desired.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Suitable for Vegetarians/Vegans

Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C).

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

Other Ingredients: Vegetable Cellulose, silica, vegetable magnesium stearate, vegetable stearic acid.
Contains milk and wheat ingredients.

CAUTION: If you are pregnant or nursing, consult your physician before taking this product. Avoid this product if you are allergic to sunflowers, ragweed or daisy-like flowers.

CONTAINS NO artificial color, flavor, sugar or fish.

Rev. #01

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose contact a doctor or poison control center immediately.

Distributed by: **Dee Cee Laboratories, Inc.**®, 304 Dee Cee Ct.,
White House, TN 37188

Made in USA