



#848

GREEN SOURCE®

Whole Food Vitamin-Mineral Complex

Dietary Supplement

90 TABLETS

Supplement Facts

Serving Size 3 Tablets

Servings Per Container 30

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A (as 100% beta carotene).....375 mcg (RAE) 2500 IU.....42%		RNA (Ribonucleic Acid).....1 mg.....*	
Vitamin C (as L-ascorbic acid).....120 mg.....133%		Lutein.....10 mcg.....*	
Vitamin D (as ergocalciferol).....50 mcg (2000 IU).....250%		Flaxseed.....100 mg.....*	
Vitamin E (as d-alpha Tocopheryl acetate).....20 mg (30 IU).....134%		{containing Omega-3 (12 mg), Omega-5 (4 mg)}	
Thiamin (B-1) (as thiamin mononitrate) (Vitamin B-1).....25 mg.....2,083%		Citrus Bioflavonoids Complex.....50 mg.....*	
Riboflavin (Vitamin B-2).....25 mg.....1,923%		{Citrus bioflavonoids (peel), Hesperidin complex (peel), Rutin, Quercetin}	
Niacin (as niacinamide).....25 mg (NE).....156%		Digestive Enzyme Blend.....50 mg.....*	
Vitamin B-6 (as pyridoxine HCl).....25 mg.....1,471%		{Papain (papaya enzyme), Betaine HCl, Bromelain (from pineapple)}	
Folate.....668 mcg (DFE).....167%		Probiotic Blend.....25 mg.....*	
(400 mcg folic acid)		{L. acidophilus, L. brevis, L. bulgaricus}	
Vitamin B-12 (as cyanocobalamin).....500 mcg.....20,833%		Green and Whole Food Blend.....500 mg.....*	
Biotin (as d-Biotin).....1000 mcg.....3,333%		{Chlorella (plant), Apple Pectin (fruit), Spirulina (plant), Sodium Copper Chlorophyllin}	
Pantothenic Acid (as d-calcium pantothenate).....30 mg.....600%		Herbal Blend.....100 mg.....*	
Choline Bitartrate (as choline bitartrate).....10 mg.....2%		{Garlic (bulb), Echinacea (aerial), Ginger (root), Milk Thistle Extract (seed), Cayenne (fruit)}	
Calcium (as calcium carbonate).....50 mg.....4%		Vegetable Blend.....100 mg.....*	
Iron (as ferrous fumarate).....18 mg.....100%		{Broccoli, Extract of Cabbage, Brussels Sprout and Cauliflower, Parsley Pwd., Beet Root Pwd., Carrot Pwd., Asparagus Pwd.}	
Iodine (as kelp).....150 mcg.....100%		Fruit Blend.....100 mg.....*	
Magnesium (as magnesium oxide).....25 mg.....6%		{Grapefruit Extract, Apple Pwd., (fruit), Peach (fruit), Strawberry (fruit), Acai Extract (fruit), Cranberry (fruit), Bilberry Extract (fruit), Pomegranate Extract (peel), Pineapple (fruit), Noni Pwd. (fruit)}	
Zinc (as zinc picolinate).....10 mg.....91%		Mushroom Blend.....50 mg.....*	
Selenium (as L-selenomethionine).....25 mg.....45%		{Shiitake (aerial), Maitake (aerial), Reishi (aerial)}	
Copper (as cupric gluconate).....480 mcg.....53%			
Manganese (as manganese gluconate).....2 mg.....87%			
Chromium (as chromium picolinate).....100 mcg.....286%			
Molybdenum (as sodium molybdate).....51 mcg.....113%			
Sodium.....10 mg.....<1%			
Potassium (as potassium gluconate).....30 mg.....<1%			
Inositol.....10 mg.....*			
Boron (as sodium borate).....1 mg.....*			
DNA (Deoxyribonucleic Acid).....1 mg.....*			

* Daily Value not established.

DIRECTIONS: As a dietary supplement, take three (3) tablets daily, preferably with a meal or as desired.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Suitable for Vegetarians/Vegans

Non-GMO

Keep tightly closed.

Store at room temperature: 59°-86°F (15° to 30°C).

KEEP OUT OF REACH OF CHILDREN.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Conforms to USP <2091> for weight. Meets USP<2040> disintegration for maximum bioavailability.

Other Ingredients: Vegetable Cellulose, vegetable stearic acid, vegetable magnesium stearate, silica, polyethylene glycol, chlorella.

CAUTION: If you are pregnant or nursing, consult your physician before taking this product. Avoid this product if you are allergic to sunflowers, ragweed or daisy-like flowers.

CONTAINS NO preservatives, sugar, starch, milk, lactose, gluten, wheat, yeast, fish, artificial color, flavor, or sweetener.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose contact a doctor or poison control center immediately.

Distributed by: **Dee Cee Laboratories, Inc.®**
304 Dee Cee Rd., White House, TN 37188
Made in USA

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