

**Ultra Omega 3/6/9 Softgels**

Product No. 3967

Nature's Plus is proud to present **Ultra Omega 3/6/9**—a great, state-of-the-art blend of the most healthful fatty acids from the highest quality non-GMO plant and fish oils.

Ultra Omega 3/6/9 supplies precisely calibrated ratios of unsaturated fatty acids from the highest quality non-GMO borage oil, fish oil and flax oil available. Each easy-to-swallow softgel provides no less than 412 mg omega-3 and 250 mg omega-6 fatty acids, plus 134 mg oleic acid, an omega-9 fatty acid.

Omega-3 fatty acids from fish oil and flaxseed oil have been cited recently for contributing to cardiovascular health. Omega-6 EFAs have been reported to support healthy skin and joint function. And omega-9 fatty acids, particularly oleic acid, have been found to be an integral component of the healthful

Mediterranean diet. **Ultra Omega 3/6/9** provides 212 mg alpha linolenic acid, 120 mg EPA (eicosapentaenoic acid) and 80 mg DHA (docosahexaenoic acid). The essential omega-6 fatty acids in **Ultra Omega 3/6/9** (linoleic acid [174 mg] and GLA [76 mg]) have demonstrated abilities to support overall well-being.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving

% Daily Value

Calories	15	
Calories from Fat	10	
Total Fat	1 g	0 %*
Saturated Fat	0 g	<1 %
Polyunsaturated Fat	0.5 g	
Monounsaturated Fat	0 g	
Cholesterol	<5 mg	0 %*
Vitamin E (mixed tocopherols)	10 IU	20 %
Omega 3/6/9 Proprietary Blend 1000 mg 5 g	1200 mg	†
(non-GMO borage oil, fish oil [sardine and anchovy] and flax oil)		
Supplying minimum:		
Total Omega-3 Fatty Acids	412 mg	
Alpha Linolenic Acid 212 mg		
Eicosapentaenoic Acid (EPA) 120 mg		
Docosahexaenoic Acid (DHA) 80 mg		
Total Omega-6 Fatty Acids	250 mg	†
Gamma Linolenic Acid (GLA) 76 mg		
Linoleic Acid 174 mg		
Total Omega-9 Fatty Acids	134 mg	†
Oleic Acid 134 mg		

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other Ingredients:

Gelatin, glycerin, purified water