



MAXIMUM POTENCY

MEGA DOSE™

21 ALL NATURAL INGREDIENTS

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Trusted Nutrients

TRUSTED NUTRIENTS

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MEN'S DAILY
COMPLETE

Essential Multivitamin with Mega Dose™

Suggested Use: As a dietary supplement, adults take one (1) to three (3) tablets, one (1) to three (3) times daily, with a glass of water.

Caution: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY
SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.



Supplement Facts

Serving Size: (Servings Per Container)	One A Day Dose 1 Tablet 90s		Mega Dose™ 3 Tablets 90s		Serving Size: (Servings Per Container)	One A Day Dose 1 Tablet 90s		Mega Dose™ 3 Tablets 90s	
	APS	%DV	APS	%DV		APS	%DV	APS	%DV
Vitamin A (60% as beta-carotene, 100% as palmitate)	5,000 IU	100%	15,000 IU	300%	Pantothenic Acid (as calcium pantothenate)	7 mg	10%	20 mg	200%
Vitamin C (as Calcium ascorbate)	167 mg	278%	500 mg	833%	Calcium (Phosphate / Amino Acid Chelate)	50 mg	6%	175 mg	18%
Vitamin E (d-alpha-tocopherol, acetate)	67 IU	213%	200 IU	667%	Phosphorus (d-alpha-tocopherol phosphate)	10 mg	2%	40 mg	8%
Vitamin B-1 (as thiamine mononitrate)	17 mg	1133%	50 mg	3333%	Magnesium (amino acid chelate)	35 mg	6%	100 mg	20%
Vitamin D (as cholecalciferol)	133 IU	266%	400 IU	800%	Zinc (amino acid chelate)	5 mg	10%	15 mg	300%
Vitamin B-2 (as riboflavin)	17 mg	1000%	50 mg	3000%	Selenium (amino acid chelate)	17 mcg	30%	50 mcg	71%
Niacin (granule)	5 mg	10%	10 mg	20%	Copper (as oxide)	67 mcg	3%	200 mcg	10%
Vitamin B-6 (as pyridoxine hydrochloride)	17 mg	850%	50 mg	2500%	Manganese (pyruvate)	2 mg	100%	5 mg	250%
Folic Acid	133-00	33%	400-00	100%	Chromium (as polynicotinate)	17 mcg	14%	50 mcg	40%
Biotin	50 mcg	11%	100 mcg	22%	Potassium (as citrate)	85 mg	1%	100 mg	3%
Vitamin B-12 (as cyanocobalamin)	55 mcg	100%	100 mcg	182%	*Daily Value not established				

OTHER INGREDIENTS: Calcium carbonate, dicalcium phosphate, microcrystalline cellulose, stearic acid, sodium croscarmellose, magnesium stearate.

*These statements have not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure, or prevent any disease(s).



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Trusted Nutrients Men's Complete Multivitamin (180 caps)
New

Dietary Supplement | 180 Tablets