Regular exercise and a healthy diet with enough calcium helps all women approximately 11 to 35 years of age maintain good bone health and may reduce their high risk of osteoporosis later in life. For persons with a family history of osteoporosis, menopausal women, or elderly men and women, adequate calcium intake is linked to reduced risk of osteoporosis through the mechanism of slowing the rate of bone loss. Adequate calcium intake is important but daily intakes above 2000 mg are not likely to provide any additional benefits.

**TAMPER EVIDENT:** Do not use this product if imprinted foil seal under cap is broken or missing.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). **KEEP OUT OF REACH OF CHILDREN.** Fill level controlled by weight not volume.

**CAUTION:** If you are pregnant or nursing do not take this product.



## CALCIUM LACTATE POWDER

"Calcium Builds Strong Bones"

**Dietary Supplement** 

Net Wt 8 oz (227 g)

## Fight OSTEOPOROSIS

## Supplement Facts

Serving Size 1 Level Teaspoon Servings Per Container 86

% DV	g	Amount Per Serving
35.5%		Elemental Calcium
	calcium lactate)	(from 2650 mg cal

**DIRECTIONS:** As a dietary supplement, take 1 level teaspoon three times daily, with meals, mixed with juice or other liquids.

Each 3 level teaspoons contain:
Elemental Calcium 1065 mg

% DV ng 107%

Distributed by: **Dee Cee Laboratories, Inc.** ® 304 Dee Cee Rd., White House, TN 37188 **Made in USA** Rev. #03