

A balanced combination of calcium, magnesium and zinc. Minerals must dissolve before they can be absorbed.

CAL-MAG-Z is formulated to dissolve rapidly and completely for maximum absorption.

Regular exercise and a healthy diet with enough calcium helps all women approximately 11 to 35 years of age maintain good bone health and may reduce their high risk of osteoporosis later in life. For persons with a family history of osteoporosis, menopausal women, or elderly men and women, adequate calcium intake is linked to reduced risk of osteoporosis through the mechanism of slowing the rate of bone loss. Adequate calcium intake is important but daily intakes above 2000 mg are not likely to provide any additional benefits.

FDA Registered Facility (Reg. #1023013)

Mfg. Under Good Manufacturing Practices (GMPs)

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Keep tightly closed.

Store at room temperature: 59°-86°F (15° to 30°C).

KEEP OUT OF REACH OF CHILDREN.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

Fight OSTEOPOROSIS



Gluten Free #133

CAL-MAG-Z™

FAST ACTING

"Calcium Builds Strong Bones"

Dietary Supplement

90 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV
Calcium 333 mg ... 33%	
(as calcium carbonate)	
Magnesium 133 mg ... 33%	
(as magnesium oxide)	
Zinc (as zinc citrate) 5 mg ... 33%	

Other ingredients: Vegetable cellulose, vegetable magnesium silicate, vegetable stearic acid, vegetable magnesium stearate.

DIRECTIONS: As a dietary supplement, take 1 tablet three times daily.

Mfg. by: **Dee Cee Laboratories, Inc.®**

304 Dee Cee Ct., White House, TN 37188

Made in USA

Rev. #02