

· Superior Bioavailability

 Advanced Complex • 3500 MCG Biotin



Once Daily / 30 Softgels

Supplement Facts

Serving Size: 1 Softgel

Servings Per Container: 30

Amount	t per serving	% DV*
Vitamin A (as Palmitate)	5000 IU	100%
Vitamin C (Ascorbic Acid)	40mg	67%
Riboflavin (Vitamin B2)	3mg	176%
Niacin (as Nicotinic Acid)	3mg	15%
Vitamin B6 (as Pyridoxal 5-Phosphate (P5P))	3mg	150%
Vitamin B12 (as Methylcobalamin)	20mcg	333%
Biotin	3500mcg	1167%
Pantothenic Acid	50mg	500%
Folate (from 5-MTHF)	200mcg	50%
MSM	205mg	- 1
DMAE Bitartrate	50mg	1
Inositol	20mg	- 1
Horsetail Herb Extract	40mg	- 1
Alpha Lipoic Acid	28mg	1
Grape Seed Extract	28mg	1

Other Ingredients: soybean oil, gelatin, glycerin, calcium carbonate, yellow beeswax, soy lecithin, sodium-copper chlorophylline

Directions:

Take one softgel daily with 8oz of water.



625 Deer Valley Road Suite 103-152 Phoenix, AZ, 85027

(877) 879-9966 | www.EssentialSource.net

Take one a day for any of the following:

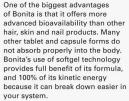
- · Builds hair strength
- · Prevents split ends · Promotes hair
- arowth · Prevents premature
- hair loss
- · Thickens hair
- · Reduces wrinkles
- · Nourishes dry skin · Improves minor
- skin imperfections · Prevents acne
- · Faster nail growth
- · Strengthens nails



You might ask yourself what makes

the Bonita formula better than the rest. We've done the research and know there are literally hundreds of blends for hair, skin and nails. Our specialists have worked to develop what we feel offers the most complete daily formula.

Discover the beauty within...



Choose Bonita and reveal the youth and true beauty your body holds.

Bonita - 90 Day Challenge... We are confident you will see better

results with Bonita in the first 90 days. than that of any product you may have used for years. We back up our belief with our 100% Satisfaction Guarantee. Take the challenge today!

See Our Website for a FRFF Product Offer!

Warning: Keep out of reach of children. If you are currently taking prescription medications, consult your physician before use. Do not take if you are pregnant or nursing unless directed by your physician

· This product was manufactured in a GMP approved facility.

These statements have not been evaluated by the FDA. This product is not intended to prevent, treat or cure any disease. The efficacy of this product has not been confirmed by clinical research, and traditional uses do not establish that this product will achieve any claimed result.