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Mag L-Threonate features magnesium L-threonate as Magtein®,^{††} designed to help support cognitive health. Magnesium, a divalent cation, is important for neuronal activity as it binds to neurotransmitter receptors and is a co-factor for neuronal enzymes.*

Directions: Take three capsules in divided doses daily: one capsule in the morning and two capsules two hours before sleep as a dietary supplement, or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Caution: Do not use if pregnant or nursing. Consult your healthcare practitioner if taking diuretics, antibiotics, or medications for osteoporosis. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Mag L-Threonate

Designed to Help Support Cognitive Health*

Featuring



DIETARY
SUPPLEMENT

120 CAPSULES

PRACTITIONER EXCLUSIVE

Supplement Facts

Serving Size 2 Capsules[†]
Servings Per Container 60

	Per Serving (2 Capsules)		Per Day (3 Capsules)	
	Amount	% Daily value	Amount	% Daily value
Magnesium (as magnesium L-threonate)	98 mg	23%	147 mg	35%
Magnesium L-Threonate	1.3 g	*	2 g	*

*Daily Value not established.

Other Ingredients: Capsule (hydroxypropylmethylcellulose), microcrystalline cellulose, stearic acid (vegetable), and silica.

MANUFACTURED BY: METAGENICS
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METAGENICS.COM

[†]Vegetarian capsule

^{††}Magtein® is a trademark of Magceutics, Inc. and is distributed exclusively by AIDP, Inc. Magtein® is protected under US patents 8,178,118; 8,142,803; 8,163,301; and other pending patents