



SP COMPLETE[®] VANILLA

DIETARY SUPPLEMENT

2851

Suggested Use: Add 1 packet into 8 oz. water, one to three servings per day, or as directed. Mix product thoroughly for 10 to 15 seconds.

Net Wt 1 OUNCE (28 g)



WHOLE FOOD SUPPLEMENTS SINCE 1929

Caution: This product is processed in a facility that manufactures other products containing soy, milk, egg, wheat, peanut, tree nuts, fish, and shellfish.

Supplement Facts

Serving Size: 1 Packet

Servings per Packet: 1

	Amount per Serving	%Daily Value
Calories	120	
Total Fat	4 g	5%*
Saturated Fat	0.5 g	3%*
Polyunsaturated Fat	2 g	†
Monounsaturated Fat	0.5 g	†
Cholesterol	50 mg	17%
Total Carbohydrate	10 g	4%*
Dietary Fiber	4 g	14%*
Total Sugars	1 g	†
Protein	10 g	20%*
Choline	60 mg	11%
Calcium	200 mg	15%
Iron	0.5 mg	3%
Sodium	95 mg	4%
Potassium	110 mg	2%

Proprietary Blend 24 g †
Whey protein (milk), flax meal, rice protein, calcium citrate, magnesium citrate, sunflower lecithin powder, organic buckwheat (leaf), organic Brussels sprouts (aerial parts), organic kale (aerial parts), choline bitartrate, inositol, organic alfalfa (aerial parts) juice powder, grape (seed) extract* and organic carrot.

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Maltodextrin, arabic gum, organic guar gum, sea salt, natural flavors, monk fruit extract, and xanthan gum.

*Includes Masquelier's® OPC-85

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