



# Folic Acid

800 mcg

DIETARY SUPPLEMENT

✓ Prenatal Support\* ✓ Fetal Development\* ✓ Heart Health\*

1,000 Vegetarian Tablets | 1,000 Servings

## Supplement Facts

Serving Size 1 Tablet  
Servings Per Container 1,000

	Amount Per Serving	% Daily Value for Adults	% Daily Value for Pregnant Women
Folate (800 mcg folic acid)	1,360 mcg DFE	340%	227%

Other Ingredients: Cellulose, dicalcium phosphate, croscarmellose sodium, magnesium stearate (veg.).

**Directions:** Adults and pregnant women: take one tablet daily **at mealtime**. Keep bottle tightly closed. Store away from heat and moisture.

✓ **Gluten-free** ✓ **No Artificial Preservatives**

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Folic Acid** is an essential B vitamin for women who are pregnant or may become pregnant. It supports healthy fetal development and red blood cell formation and promotes cardiovascular and nervous system health.\*

**POTENCY & QUALITY  
GUARANTEED**

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